



The Florida School of Traditional Midwifery

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THE FLORIDA SCHOOL OF TRADITIONAL MIDWIFERY, INC.

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The Midwifery Education Accreditation Council

*More information about The Midwifery Education
Accreditation Council*

can be found at www.meacschool.org

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The Florida School of Traditional Midwifery, Inc., is a Not For Profit Corporation 501(c)3.

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OUR MISSION

THE MISSION OF THE FLORIDA SCHOOL OF TRADITIONAL MIDWIFERY IS TO OFFER THE FINEST IN DIRECT-ENTRY MIDWIFERY EDUCATION IN AN ENVIRONMENT THAT ENCOURAGES STUDENTS TO REACH THEIR FULL POTENTIAL. WE BELIEVE THAT IT IS OUR RESPONSIBILITY TO PROMOTE AWARENESS OF AND ACCESS TO MIDWIFERY SERVICES. OUR GRADUATES ARE COMMUNITY BUILDERS WHO USE MIDWIFERY AS THEIR TOOL.

OUR VISION

WE BELIEVE THAT EVERY WOMAN SHOULD HAVE ACCESS TO THE MATERNITY CARE PROVIDER OF HER CHOICE AND TO THE INFORMATION NECESSARY TO MAKE INFORMED DECISIONS.

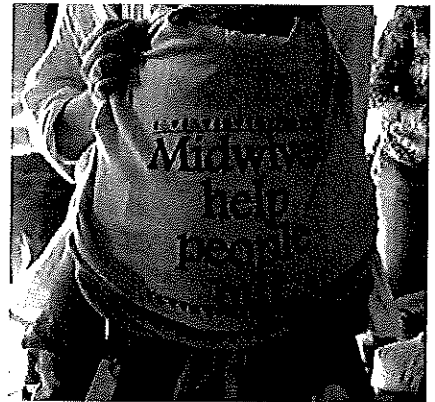
INTRODUCTION

FSTM is committed to providing quality educational programs for those who share our desire to provide the best care for childbearing women and their families. Graduates of our midwifery program are eligible to become Florida Licensed Midwives (LM) and Certified Professional Midwives (CPM).

FSTM is a Not-for-Profit 501(c)3 corporation organized under Florida law and licensed by The Florida Commission for Independent Education. We offer direct-entry midwifery educational programs which are based on combining the art of traditional midwifery with today's knowledge of medical science.

FSTM's students' clinical experiences take place in a variety of home birth practices, community-based birth centers, clinics and hospitals located throughout Florida. Our goal at FSTM is to educate and prepare students to become skilled, caring midwives who will be available to serve women and families in their communities.

Upon graduation, midwifery students will receive a Diploma from FSTM and are eligible to sit for the state licensed midwifery examination. The State of Florida utilizes the North American Registry of Midwives (NARM) national examination for this purpose. Upon passing this exam, graduates are eligible to practice as Licensed Midwives (LM) in Florida. They are also eligible to become nationally certified through NARM as Certified Professional Midwives (CPM).



FLORIDA LICENSURE FOR MIDWIVES FLORIDA COMMISSION FOR INDEPENDENT EDUCATION

In Florida, Licensed Midwives (LM) provide primary maternity care for women with low-risk pregnancies, offering complete prenatal, delivery and postpartum care. Licensed Midwives may work to meet their communities' needs in a variety of settings, including homebirth practices, birth centers, and community health clinics. They are also eligible to be Medicaid providers and receive insurance reimbursement. Licensed Midwives are Experts in low-risk, normal birth.

In conjunction with a physician, Florida Licensed Midwives may provide collaborative prenatal and postpartum care for women whose pregnancies have been screened as at-risk. The protocols for Licensed Midwives in Florida are contained within the Licensed Midwifery Rules, 64B24, F.A.C.P. Licensed Midwives are regulated by the Florida Department of Health, Council of Licensed Midwifery.

NATIONAL CERTIFICATION FOR MIDWIVES NORTH AMERICAN REGISTRATION OF MIDWIVES

FSTM's direct-entry program also qualifies the student for National certification as a Certified Professional Midwife (CPM).

This certificate allows the graduate to practice as a midwife in states outside of Florida that recognizes CPM certification. Individual state legislation regarding midwifery practice varies depending on the state, and it is each midwife's responsibility to investigate, acknowledge, and practice under those laws accordingly.

www.NARM.org

NATIONALLY ACCREDITED FOR MIDWIVES MIDWIFERY EDUCATION ACCREDITATION COUNCIL

MEAC accreditation is designed to strengthen educational programs and to preserve the many innovative programs designed by and for midwives. In Order to be a MEAC accredited and continued accreditation status, a program/institution must meet rigorous requirements for demonstrated student success; being fiscally sound; sufficient faculty, staff, and facility resources; and curriculum.

www.MEACCHOOLS.org



ABOUT OUR PROGRAMS

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The Florida School of Traditional Midwifery, Inc. curriculum was developed by a committee comprised of Licensed Midwives, Certified Nurse Midwives, midwives trained through apprenticeship, consumers and Childbirth Educators. Input was also received from a variety of midwifery educators across the country.

FSTM's curriculum adheres to the Core Competencies developed by both the Midwives Alliance of North America and the American College of Nurse Midwives, and is consistent with the Curriculum Framework developed by the Commission for Independent Education and the requirements of Florida law.

FSTM's programs are designed and taught within the framework of the Midwives Model of Care, so we feel that it is essential for experienced midwives to be intimately involved with the education of future midwives. In our view, this sharing of the art of midwifery is one of the most vital components of a student's education.

In addition to technical skills and academic knowledge, our program cultivate the essential qualities of nurturing, intuition, compassion and strength. We have learned and borrowed from the experiences of generations of midwives. We have developed a special environment to nurture students as they become part of the next generation of midwives.

FSTM's faculty is comprised of Licensed Midwives, Certified Nurse Midwives, PhDs, MDs, RNs, and other professionals. They are not only highly qualified in their fields, but are largely motivated to join us and give something back to the midwifery community.

Our academic environment is geared to the adult learner. Our process is both dynamic and interactive, involving a format of tutorial, discussion, and lecture. Research is facilitated and encouraged, opinions are shared and insights are validated.

Clinical experience is concurrent with academic coursework, giving relevance to factual material and evidence-based practice. Preceptors include Licensed Midwives, Certified Nurse Midwives, Registered Nurses and physicians who are licensed in Florida. We feel it is very important that students experience all types of practice settings, so each Midwifery Student will rotate through a variety of clinical sites during the training program. Our clinical sites are located throughout Florida and will provide students with experience in homebirth practices, birth centers, clinics and hospitals. Every care will be taken to place students in clinical sites near their home; however, some travel to clinical sites may be required.



THE MIDWIVES MODEL OF CARE IS BASED ON THE FACT THAT PREGNANCY AND BIRTH ARE NORMAL LIFE PROCESSES. THE MIDWIVES MODEL OF CARE INCLUDES:

- *Monitoring the physical, psychological and social well-being of the mother throughout the childbearing cycle*
- *Providing the mother with individualized education, counseling, and prenatal care, continuous hands-on assistance during labor and delivery and postpartum support*
- *Minimizing technological interventions; and identifying and referring women who require obstetrical attention*

PROGRAMS OFFERED

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DIRECT-ENTRY MIDWIFERY PROGRAM

- This program is designed to meet the educational needs of the student who comes to the Florida School of Traditional Midwifery with no prior midwifery or nursing education.
- This Direct-Entry Program provides students with the academic and clinical learning experiences required for graduation pursuant to Florida's Midwifery Practice Act and requirements for National Certification per NARM.
- This Midwifery Curriculum is 91 credit hours, totaling 2505 clock hours, and takes three to four years, depending on progression through clinical requirements.
- The clinical requirements for completing the Direct-Entry Midwifery Program are defined by Chapter 467 Florida Statutes, the North America Register of Midwives/NARM, and the Midwifery Education Accreditation Council/MEAC, and are subject to change at any time. Please refer to the Clinical Description section for complete clinical requirements.
- Upon graduation midwifery students receive a diploma from FSTM, and are eligible to sit for the NARM exam.
- Upon passing the NARM exam, graduates are eligible to become Florida Licensed Midwives (LM) and Certified Professional Midwives (CPM).

LICENSURE BY ENDORSEMENT PROGRAM

- The Licensure By Endorsement Program is designed to prepare maternity care providers credentialed in other states or other countries for licensure as Florida Licensed Midwives.
- Course work is both academic and clinical, with a strong emphasis on the laws and rules that govern practice as a Florida Licensed Midwife.
- Applicants are required to have their credentials and midwifery education reviewed and approved by the state of Florida prior to enrolling in the program. Please contact FSTM for more information.
- Students completing the program are prepared to pass the Florida Licensing Exam/North American Registry of Midwives (NARM) exam. Upon passing the NARM exam and completing the endorsement program, the graduate may file for licensure as a Florida Licensed Midwife and as a Certified Professional Midwife.
- The clinical requirements for completing the F.L. Licensure by Endorsement Program are defined by Chapter 467 Florida Statutes and meets criteria for CPM Certification by NARM, the North America Register of Midwives/NARM, and are subject to change at any time per regulatory agencies. Please refer to the Clinical Description section for complete clinical requirements.

DIRECT-ENTRY MIDWIFERY PROGRAM

YEAR 1

YEAR 2

Year 1, Term 1	Credits	Year 2, Term 1	Credits	
1000L Student Success Lab	1	2110 Nutrition for the Childbearing Year	2	
1110 Research Evaluation	1	2120 Intrapartum	3	- lime
1121 Healthcare Skills I	2	2130 Fetal Monitoring	1	Sum 11
1130 Psychology for Midwives	2	2163 Interpersonal Relationships and Communication Skills III	1	
1150 HIV/AIDS	1	2143 Midwifery Practicum II A <i>Antepartum Skills Practice</i>	1	- yellow
1161 Interpersonal Relationships and Communication Skills I	1	2001CL Clinical Lab	3	Fall 1
1170 History of Midwifery	1	Total	11	
1191 Anatomy and Physiology I	2	Year 2, Term 2		
1191L Anatomy and Physiology I Lab	1	2210 Postpartum	1	
Total	12	2220 Newborn	2	- lime
Year 1, Term 2		2230 Breastfeeding	2	Fall 14
1222 Healthcare Skills II	2	- 2250 Suturing for Midwives	1	
1222L Healthcare Skills II Lab	1	- 2260 Herb Workshop	1	
1230 Florida Law and Rule	1	- 2340 Waterbirth Workshop	1	- yellow
1260 Microbiology for Midwives	2	2244 Midwifery Practicum II B <i>Intrapartum Skills Practice</i>	1	Sp. 15
1260L Microbiology for Midwives Lab	1	2002CL Clinical Lab	3	
1280 Female Sexuality for Midwives	2	Total	12	
1292 Anatomy and Physiology II	2	Year 2, Term 3		
1292L Anatomy and Physiology II Lab	1	2310 Public Health	2	- lime
1241 Midwifery Practicum I A <i>Birth Assistant Skills Practice</i>	1	2320 Pharmacology	2	Sp. 15
1002CL Clinical Lab	1	2345 Midwifery Practicum II C <i>Diagnostic Testing & Newborn Skills Practice</i>	1	
Total	14	2003CL Clinical Lab	3	- yellow
Year 1, Term 3		Total	8	Sp 15
1320 Reproductive Anatomy and Physiology	3	YEAR 2 TOTAL CREDITS	31	
1320L Reproductive Anatomy and Physiology Lab	1			
1330 Antepartum	3			
1350 Diagnostic Testing	1			
1362 Interpersonal Relationships and Communication Skills II	1			
1342 Midwifery Practicum I B <i>Healthcare Skills Practice</i>	1			
1003CL Clinical Lab	1			
Total	11			
YEAR 1 TOTAL CREDITS	37			

DIRECT-ENTRY MIDWIFERY PROGRAM

YEAR 3

Year 3, Term 1	Credits
3110 Gynecology and Women's Health	1
3110L Gynecology and Women's Health Lab	1
3130 Collaborative Management	1
3146 Midwifery Practicum III A <i>Protocols Workshop</i>	1
3001CL Clinical Lab	4
Total	8
Year 3, Term 2	
3210 Establishing/Maintaining a Practice	2
3240 Traditional Healing Modalities	2
3247 Midwifery Practicum III B <i>Clinical Skills Exam</i>	1
3002CL Clinical Lab	4
Total	9
Year 3, Term 3	
3310 Issues in Professional Midwifery	1
3348 Midwifery Practicum III C <i>NARM Review</i>	1
3003CL Clinical Lab	4
Total	6
YEAR 3 TOTAL CREDITS	23

PROGRAM REQUIREMENTS:

Credit Conversion Formula: 15:1 Theory, 30:1 Lab, 60:1 Clinical Lab

Actual Contact Hours, Theory: 915

Actual Contact Hours, Lab: 210

Actual Contact Hours, Clinical Lab: 1380

Total Program Clock Hours: 2505

Total Program Credits: 91

Cost per Credit Hour: \$350.00*

Total Program Cost: \$31,850*

**All program credits, clock hours, tuition and fees are subject to change.*

The Florida Licensure By Endorsement (LBE) program is designed to prepare maternity care providers credentialed in other states or other countries for licensure as Florida licensed Midwives. This program focuses on the art of Home and Birth Center Maternity care, equipping students with the knowledge and skills necessary to be safe, independent practitioners. Course work is both academic and clinical, with a strong emphasis on the laws and rules that govern practice as a Florida Licensed Midwife. Applicants are required to have their credentials and midwifery education reviewed and approved by the state of Florida prior to applying in the program. Students completing the program are prepared to pass the Florida Licensing Exam/North American Registry of Midwives (NARM) exam. Upon passing the NARM exam and completing the endorsement program, the graduate may file for licensure as a Florida Licensed Midwife and a Certified Professional Midwife.

LBE CURRICULUM

Courses	Credits
1230 Florida Law and Rule	1
1150 HIV/AIDS	1
Midwifery Elective	5
Midwifery Practicum	1
3348 NARM Review	1
5001CL Clinical Lab	6
Total	15

*Credit Conversion Formula = 15:1 Theory, 30:1 Lab, 60:1 Clinical Lab
 Clock Hours: 315
 Actual Contact Hours, Theory: 135
 Actual Contact Hours, Lab: 360*

*Class prerequisites are listed in individual course descriptions.

TIMEFRAME FOR COMPLETION

Most students complete this program within two to three semesters of enrollment. However, some students will need further semesters of academic work to make up deficiencies identified in evaluation, and some may need more time to complete clinical requirements. The need for more time to complete clinical requirements depends on preceptor availability, out-of-hospital birth rates in the student's area and the student's personal choices and circumstances throughout the program.

ENROLLMENT

An enrollment fee of \$200 will be required at the time of enrollment in a program of study. The Licensure by Endorsement Program includes 15 credit hours at \$350 per credit hour.

THE TOTAL LBE PROGRAM COST IS \$5,250

Students are responsible for the purchase of course supplies, books, travel, as well as room and board while at clinical sites. Tuition fees are due at the time of registration or a tuition fee payment plan must be arranged with Finance at the time of registration. Fees are subject to change.

MIDWIFERY CLINICAL LAB HOURS

We honor that each woman's birth experience is unique. Given this, the exact number of hours required to attend the mandated number of birth experiences can not be determined. Students must understand that intrapartum hours (time spent at a birth) may be in addition to clinical hours listed in the curriculum.

Clinical Requirements

- 25 supervised prenatal examinations (5 Assist 10 Primary)
- 10 supervised births as primary midwife at in an out-of-hospital setting.
- 5 full continuity of care cases: Attend 5 Prenatal Exams spanning 2 Trimesters, Primary Birth, 1 Newborn Exam, 2 Postpartum Exams

PROGRAM OBJECTIVES

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Our program goals for our students will be reached by providing them with an education based on a combination of the art of traditional midwifery and today's knowledge of medical science. Our programs are designed to help students develop and refine the academic and clinical skills that are essential components of midwifery care. Emphasis is placed on differentiating between low-risk and high-risk pregnancies, understanding and applying the art of out-of-hospital birth.

It is the goal of this School to provide an environment and an education that will prepare the student to:

- *Practice independently as a Florida Licensed Midwife for women considered to have low-risk pregnancy.*
- *Provide comprehensive and holistic maternity care for the women of their community.*
- *Provide collaborative prenatal and postpartal care to pregnant women not at low risk in their pregnancy, labor and delivery, within a written protocol of a physician currently licensed under chapter 458 or chapter 459" [F.S.467.015(2)].*
- *Pass the North American Registry of Midwives (NARM) National Examination (utilized by Florida as the state licensing examination).*
- *Meet criteria for becoming a Certified Professional Midwife (CPM).*
- *Establish a midwifery practice in a setting that will meet the needs of the community and the midwife.*
- *Foster relationships with instructors, preceptors, and peers that promotes collaborative learning, teamwork, and long-lasting relationships.*
- *Effect change in their community by educating the public, media, legislators and policy-makers on the benefits and cost effectiveness of midwifery care.*



COURSE OUTLINES

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The FSTM curriculum was developed by a committee comprised of Licensed Midwives, Certified Nurse Midwives, midwives trained through apprenticeship, consumers and Childbirth Educators. It is designed to build upon itself each semester, utilizing and expanding upon gained clinical experience throughout the program.

- FSTM course numbers are four-digit numbers unique to each course. An "L" after the number denotes a lab.
- The first numeral indicates which year of the program the course is typically taken.
- The second numeral indicates the term in that year that the course is typically offered.
- The third numeral is an arbitrarily chosen number denoting the specific course itself.
- The fourth numeral is a zero unless the course is one of a sequence (e.g. the practicum classes), in which case it indicates that course's rank in the sequence.

ANTEPARTUM 1330 3 CREDITS

PREREQUISITES: FLORIDA LAW AND RULE 1230; ANATOMY AND PHYSIOLOGY II 1292/1292L; HEALTHCARE SKILLS II 1222/1222L; REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1320/1320L. (CONCURRENT ENROLLMENT).

This course will provide the student midwife with didactic material necessary to provide care from the initial contact with a client through the onset of labor. The normal pregnancy will be emphasized. Students will explore a wide range of topics including the probable, presumptive and positive signs of pregnancy, deviations from the normal pregnancy, physiologic basis of and solutions for the common discomforts of pregnancy. The student will develop educational materials for use with clients. The class will integrate the medical/midwifery models while providing the foundation for the student to begin her or his evolution toward providing primary care at clinical sites. 45 CLOCK HOURS.

ANATOMY AND PHYSIOLOGY I 1191,1191L 3 CREDITS

This two-semester course presents an in-depth review of the body's organization and structure. It also introduces the student to basic physiologic concepts as they relate to normal body function and maintenance of health. The laboratory experience demonstrates human and microscopic anatomic and physiologic processes through drawings and various models. With LAB.

60 CLOCK HOURS.

ANATOMY AND PHYSIOLOGY II 1292,1292L 3 CREDITS

PREREQUISITES: ANATOMY AND PHYSIOLOGY I 1191/1191L.

This two-semester course presents an in-depth review of the body's organization and structure. It also introduces the student to basic physiologic concepts as they relate to normal body function and maintenance of health. The laboratory experience demonstrates human and microscopic anatomic and physiologic processes through drawings and various models. With LAB.

60 CLOCK HOURS.

BREASTFEEDING 2230 2 CREDITS

PREREQUISITES: REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1320/1320L; POSTPARTUM 2210 (CONCURRENT ENROLLMENT); NEWBORN 2220 (CONCURRENT ENROLLMENT)

This course will cover numerous aspects of breastfeeding including anatomy and physiology, breastfeeding education for clients, proper use of pumping devices and formulating care plans. The early recognition of simple problems and implementation of solutions will be emphasized. Students will also learn early support intervention techniques and identify referral services.

30 CLOCK HOURS.

COURSE OUTLINES

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CLINICAL LAB 1—4 CREDITS

Clinical Lab starts in Year 1 Term 2 and continues throughout the midwifery program. Students will be assigned to work directly with a qualified Preceptor. Preceptors are Florida licensed Midwives, Certified Nurse Midwives, Registered Nurses or Obstetricians who work in home birth practices, birth centers and hospital settings. Clinical experiences will include attending prenatal and postpartum appointments, participation during labor and birth, and learning office procedures for Midwifery practices. Students will progress through a tiered process of observation, assistance and management in the antepartum, intrapartum and postpartum period. The student is responsible for completing 23 Clinical Lab credits throughout the midwifery program. Please see pages 29-31 of the catalog for complete Clinical Policies and Procedures. EACH CLINICAL CREDIT IS EQUAL TO 60 CLOCK HOURS

- *Year One: 1002CL, 1003CL*
- *Year Two: 2001CL, 2002CL, 2003CL*
- *Year Three: 3001CL, 3002CL, 3003CL*
- *Year Four: 4001CL, 4002CL, 4003CL*

COLLABORATIVE MANAGEMENT 3130 1 CREDITS

PREREQUISITES: FLORIDA LAW AND RULE 1230; DIAGNOSTIC TESTING 1350; ANTEPARTUM 1330; INTRAPARTUM 2120; POSTPARTUM 2210; NEWBORN 2220. This course will review the indications for consultation, referral and collaborative care according to FS. 467, the Midwifery Practice Act. Students will explore the role of a Licensed Midwife as a member of a healthcare team while learning skills for communicating as a medical professional. Applying risk assessment from 64 B24 Florida Administrative Code during prenatal, intrapartum and postpartum care to determine a site and provider for each client will be emphasized. Interpreting data to identify current and potential health problems and needs, establishing a collaboration plan with a physician and ensuring clients' safety and dignity during transport will be discussed. 15 CLOCK HOURS.

DIAGNOSTIC TESTING 1350 1 CREDIT

The essence of prenatal care is to monitor the well-being of the mother and the developing child. In this course students will become familiar with the most widely utilized lab and imaging tools, including all those required by Florida Law, that are used to assist the midwife in determining the health status of the mother and fetus in order to recognize when intervention is necessary. 15 CLOCK HOURS.

ESTABLISHING AND MAINTAINING A PRACTICE 3210 2 CREDIT

PREREQUISITES: FLORIDA LAW AND RULE 1230; 3RD YEAR ENROLLMENT.

This course is an overview of the professional and legal issues related to establishing and maintaining a practice. We will discuss the benefits and problems of working with insurance, HMOs and Medicaid and the requirements of operating a business. The everyday workings and administration of a practice will be explored. Emphasis will be on the expanding role of midwifery within our health care system. 30 CLOCK HOURS.

FEMALE SEXUALITY FOR MIDWIVES 1280 2 CREDITS

This course introduces the student to the female sexual system and its contribution to the health and well-being of non-pregnant women, women in each stage of pregnancy, labor, delivery and the postpartum period. Basic female sexual dysfunction is discussed, with training in interviewing and history-taking around sexual issues. Students will observe a pelvic exam. 30 CLOCK HOURS.

FETAL MONITORING 2130 1 CREDIT

This course is designed to integrate the history, theory and principles of fetal surveillance with practical application of auscultation. Students will gain an understanding of relevant anatomy and physiology of maternal utero-placental-fetal circulation and uterine function and activity and its affects on fetal oxygenation. Students will also gain an understanding of the oxygen transfer chain and pathophysiology of disrupted oxygen transfer to the fetus. All components of the fetal heart rate will be discussed including: baseline, accelerations, decelerations, variability, and trends over time. 15 CLOCK HOURS

COURSE OUTLINES

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FLORIDA LAW AND RULE 1230 1 CREDIT

The focus of this course is Florida Statute 467, the Midwifery Practice Act, and 64B24 in the Administrative Code. The law and rule specific to the practice of direct-entry midwives in Florida, the history of the law, the legislative process and the rule making process will be covered, as well as the role of the Council of Licensed Midwifery, the Department of Health and the Midwives Association of Florida. 15 CLOCK HOURS.

GYNECOLOGY AND WOMEN'S HEALTH 3110, 3110L 2 CREDITS

PREREQUISITES: REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1320/1320L; ANTEPARTUM 1330.

This course is an introduction to the fundamentals of well woman care. Students will gain the knowledge and skills to provide care, support and information to women regarding their overall reproductive health, including understanding the normal life cycle of women; causes of, evaluation of and treatment for problems associated with the female reproductive system and breasts; information and provisions or referral for various methods of contraception; issues involved in decision-making regarding unwanted pregnancies and resources for counseling and referral; issues involving infertility; and the interpretation of lab results. With LAB. 45 CLOCK HOURS.

HEALTHCARE SKILLS I 1121 2 CREDITS

This foundation course introduces the theory and performance of basic healthcare skills essential to a career in midwifery. Students will gain an understanding of medical terminology relevant to midwifery and learn to properly chart clients' records; learn to develop healthcare plans; explore principles of body mechanics, utilization of therapeutic communication techniques and aseptic and sterile techniques; be able to assess client hydration and elimination status and identify need for intervention with therapeutic measures; and study administration of relevant medications and prenatal care components. Students will be introduced to physical assessment. 30 CLOCK HOURS.

HEALTHCARE SKILLS II 1222, 1222L 3 CREDITS

PREREQUISITES: HEALTHCARE SKILLS I 1121.

This course is a continuation of Healthcare Skills I, with emphasis placed on development of advanced healthcare skills relevant to midwifery practice. Students will undertake an in-depth systems approach to physical assessment, interpretation of prenatal data, advanced laboratory technique including venipuncture, neonatal physical assessment and lab work. With LAB.

HERB WORKSHOP 2260 1 CREDIT

This course is an introduction to the herbs and herbal preparations used by traditional midwives during the childbearing year. Students will learn the properties and parts, methods of preparation, indications and contraindications of most commonly used herbs in midwifery practice. Students will further have the opportunity to prepare tinctures, oils and salves during this workshop style class. 15 CLOCK HOURS

HISTORY OF MIDWIFERY 1170 1 CREDIT

This course will provide a historical dimension to the current practice of midwifery in the United States. The multi-faceted roots of U.S. midwifery will be emphasized, including immigrant midwives, indigenous midwives, rural southern midwifery, the nurse midwife, and the birth renaissance midwife. 30 CLOCK HOURS

HIV/AIDS 1150 1 CREDIT

In this course students will gain an essential understanding of the acquired immune deficiency disease, with an emphasis on its effects during pregnancy, childbirth and lactation. They will learn about transmission, progression and treatment of HIV infection. They will develop skills for recognizing at-risk behaviors, including substance abuse, family violence, and child neglect/abuse and will be taught to provide sexual counseling and referrals. 15 CLOCK HOURS.

INTERPERSONAL RELATIONSHIPS AND COMMUNICATION SKILLS I—III 1161, 1362, 2163 1 CREDIT

PREREQUISITES: EACH COURSE REQUIRES THE PREVIOUS COURSE(S) IN THE SERIES.

This course series continues through the first two years of our program. The first course encourages personal growth of the student and lays the foundation for emotional awareness in communication. Topics addressed include basic communication skills, setting

COURSE OUTLINES

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boundaries, and effective listening skills. The second course focuses on learning non-violent communication. Among other skills, students learn to manage anger, make requests, and identify judgments. In the last course of the series, students learn to apply these skills to their personal and professional relationships in order to become more effective midwives. Students practice dealing with difficult issues, sharpening their communication skills through role-playing scenarios, crisis management, and developing professionalism. The role of the midwife as a healer will also be explored. 15 CLOCK HOURS

INTRAPARTUM 2120 3 CREDITS

PREREQUISITES: REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1320/1320L; ANTEPARTUM 1330.

Midwifery students will learn the steps of the normal labor process including mechanisms of labor and birth. Students will review the anatomy and physiology of the reproductive organs, structures and fetal anatomy, and will learn to assess the well-being of mother and child and screen for complications in each stage of labor. Upon completion of the course students will demonstrate knowledge and management of the normal labor and delivery, recognition of complications and use of appropriate interventions, including knowledge of when to transfer. 45 CLOCK HOURS

ISSUES IN PROFESSIONAL MIDWIFERY 3310 1 CREDIT

PREREQUISITES: FLORIDA LAW AND RULE 1230, 3RD YEAR ENROLLMENT.

This course introduces the senior midwifery student to the current issues that impact the midwifery profession. The role of the midwife as a change agent in her community and in the professional organizations will be emphasized. Current trends in midwifery education, midwifery legislation, public education, third-party reimbursement, ethics, and consumer advocacy will be discussed. The role of Florida Licensed Midwives in national and international issues will also be explored. 15 CLOCK HOURS

MICROBIOLOGY FOR MIDWIVES 1260, 1260L 3 CREDITS

PREREQUISITES: ANATOMY AND PHYSIOLOGY I 1191/1191L.

This course will provide the student with a broad overview of the principles of microbiology and basic immunology necessary for midwifery practice. Students will be encouraged to think critically and will become familiar with interpreting commonly ordered lab reports. Emphasis will be placed on practical application of these scientific principles, including biological mechanisms of prenatal testing and childhood immunizations. With LAB. 60 CLOCK HOURS

MIDWIFERY PRACTICUM 1 CREDIT

In this course students will meet with their instructor to discuss their experiences at clinical sites, and review and practice clinical skills. The concept of confidentiality will be emphasized. A review of material presented in other courses pertaining to clinical skills will be done using research projects, student presentations and case reviews. Each term, the focus is placed on the previous term's material. 15 CLOCK HOURS

- 1241 IA - *Birth Assistant Skills Practice: Training on how to be a competent birth assistant, which includes a review of basic clinical skills.*
- 1342 IB - *Healthcare Skills Practice: Includes a phlebotomy training and complete review of all healthcare skills, with a focus on prenatal clinical skills.*
- 2143 IIA - *Antepartum Skills Practice: Complete review and practice of all antepartum skills.*
- 2244 IIB - *Intrapartum Skills Practice: Complete review and practice of all intrapartum skills.*
- 2345 IIC - *Diagnostic Testing & Newborn Skills Practice: Review of diagnostic tests and newborn exams and protocols.*
- 3146 IIIA - *Protocols Workshop: Course designated for students to research, write, and receive feedback on all Protocols for their midwifery practice. Final Protocol documents are required to be evidence-based and in accordance with F.S.467/Rule64B24, with detailed midwifery application.*
- 3247 IIIB - *Clinical Skills Exam: A comprehensive practicum exam made up of selected clinical skills & procedures, as outlined in the Practical Skills Guide for Midwifery, 5th Ed., by Weaver, P. & Evans, S.*
- 3348 IIIC - *NARM review: Complete review for the NARM exam, which covers student learning and testing styles.*

COURSE OUTLINES

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NEWBORN 2220 2 CREDITS

PREREQUISITES: INTRAPARTUM 2120; POSTPARTUM 2210 (CONCURRENT ENROLLMENT).

In this course the student midwife will learn normal newborn examinations and behavioral assessments, as well as infant anatomy and physiology and common complications affecting the newborn. Signs and symptoms of impending problems, physical exams, routine medications, when to transfer to the NICU and the 24-48 hour home visit will be discussed. Upon completion the student will be able to perform the complete newborn exam. This module emphasizes the appreciation and beauty of the "amazing newborn" and explores the messages the newborn sends regarding its own health and well-being, particularly during the first four hours of life. 30

CLOCK HOURS

NUTRITION FOR THE CHILDBEARING YEAR 2110 2 CREDITS

PREREQUISITES: ANTEPARTUM 1330.

This course will provide the student with a foundation in nutrition and will focus on assessment and counseling skills. Nutritional requirements during pre-pregnancy, pregnancy, lactation, postpartum and infancy will be covered, including topics such as factors that affect weight gain during pregnancy, care plans for pregnant women with eating disorders, nutritional and fluid demands of women with prolonged labor and many other nutritional topics. The physiological and immunological components of breast milk will also be reviewed. 45 CLOCK HOURS

PHARMACOLOGY 2320 2 CREDITS

PREREQUISITES: ANATOMY AND PHYSIOLOGY II 1292/1292L; ANTEPARTUM 1330; DIAGNOSTIC TESTING 1350.

This course presents basic principles of pharmacology and drug therapy for pregnancy, birth and postpartum. Students will explore, among other topics, pharmacodynamics and pharmacokinetics. The goal of this course is to provide a foundation for the Licensed Midwife to function safely in the administration of medicine. 30 CLOCK HOURS

POSTPARTUM 2210 1 CREDIT

PREREQUISITES: INTRAPARTUM 2120; NEWBORN 2220 (CONCURRENT ENROLLMENT).

In this course the midwifery student will gain an understanding of the normal events that occur immediately postpartum. Also included will be the emotional, psychosocial and sexual variations that may occur during this period. The causes of common postpartum discomforts and how to alleviate them will be discussed. Postpartum nutritional requirements, evaluations and counseling of the client will be covered, and students will learn how to monitor the needs of the mother and child in the "fourth trimester," including conducting the 24 hour, 2 week and 6 week postpartum visits. Upon completion of this class, students will be able to recognize deviations from normal in the postpartum period and respond with appropriate intervention. 15 CLOCK HOURS

PSYCHOLOGY FOR MIDWIVES 1130 2 CREDITS

This course, developed especially for midwives, is the psychological study of the changes that occur in people and their behavior during the lifespan. Special emphasis will be given to women's development from puberty to menopause, with highlights on the normal psychology of women during pregnancy, childbirth and postpartum. Other specific topics include body image and eating disorders, sexual abuse, domestic violence, fatherhood and psychological responses to unexpected birth outcomes such as miscarriage, stillbirth, fetal death and cesarean birth. 30 CLOCK HOURS.

PUBLIC HEALTH 2310 2 CREDITS

PREREQUISITES: HIV/AIDS 1150; MICROBIOLOGY 1260/1260L; ANTEPARTUM 1330.

This course will review the structure of the Public Health System at the federal, state and local level and how it relates to the community, the prevention of disease, illnesses and mortality rate. Students will not only learn disease identification, they will also explore the reasons for required prenatal and postnatal testing and the procedures involved in counseling and prevention techniques, including statistics, policy making and legislation. 30 CLOCK HOURS

COURSE OUTLINES

15

RESEARCH EVALUATION 1110 1 CREDIT

This course is designed to give the student a basic introduction to the types, quality, and formats of scholarly research. Students will evaluate articles presented in peer-reviewed journals, will discuss primary, secondary, and tertiary sources, will discuss how research presented might apply to midwifery practice, and will be introduced briefly to the principles of statistics as they pertain to medical research. The course will also cover APA citation style as it is used in documenting sources in literature reviews, papers, and other academic documents. 15 CLOCK HOURS

REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1320, 1320L 4 CREDITS

PREREQUISITES: ANATOMY AND PHYSIOLOGY II 1292/1292L.

This is a basic science course developed for midwifery students. It is one of the foundations for courses in clinical management. It will build on knowledge gained in the Anatomy and Physiology course to provide an in-depth understanding of pregnancy, birth and lactation from a biophysical perspective. With LAB. 75 CLOCK HOURS

STUDENT SUCCESS LAB 1000L 1 CREDIT

The purpose of this course is to equip the student with basic skills and knowledge to be successful in the school environment. Emphasis will be placed on the idea of midwifery school experience as preparation for midwifery practice and the expectation that students will devote a similar level of care, responsibility, and sacrifice to school as to midwifery practice. Topics such as study skills, time management, burnout prevention, stress management, basic computer skills, learning styles, and school etiquette will be covered. 30 CLOCK HOURS

SUTURING FOR MIDWIVES 2250 1 CREDIT

PREREQUISITES: REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1320/1320L; INTRAPARTUM 2120.

This course is designed to integrate theory and principles of suturing and wound healing with practical experience and knot tying techniques on laboratory models. Students will gain an understanding of relevant anatomy and physiology, causation and prevention of lacerations, severity of wounds, pre-suturing assessments, relaxation techniques to be used during the suturing process, postpartal assessment of the sutured area and teaching techniques to aid the client in facilitating the healing process. Principles of asepsis and anesthesia will also be covered. Learning objectives will be met through a combination of lecture material, reading assignments, hands-on practice, and visual aids. 15 CLOCK HOURS

TRADITIONAL HEALING MODALITIES 3240 2 CREDITS

PREREQUISITES: ANTEPARTUM 1330; INTRAPARTUM 2120; POSTPARTUM 2210; NEWBORN 2220.

Introductions to wholistic care options such as homeopathy, chiropractic therapy, massage, Watsu, acupuncture, and traditional Chinese medicine, as they are applicable to midwifery care, will be covered. 30 CLOCK HOURS

WATERBIRTH WORKSHOP 2340 1 CREDIT

The Waterbirth workshop is designed for the student with several semesters of clinical experience completed. The course includes a review of waterbirth techniques, benefits, and contraindications, along with waterbirth scenarios and emergency drills. 15 CLOCK HOURS

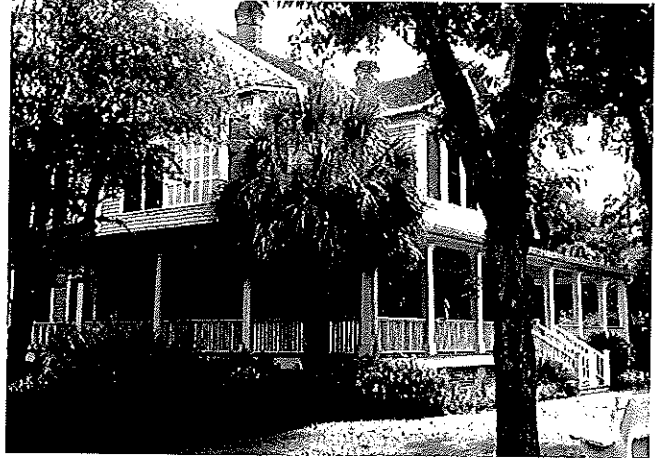
Fall Term	August - December 2013
	July -August Registration for Fall Term
	August 26 Classes Begin
	October 25 Last day to withdraw and receive a "W"
	November 25-29 Fall Break
	December 6 Last day of Fall Term
Spring Term	January - April 2014
	October-December Registration for Spring Term
	January 6 Classes Begin
	March 14 Last day to withdraw and receive a "W"
	March 3-7 Spring Break
	April 18 Last day of Spring Term
Summer Term	May - August 2014
	March -April Registration for Summer Term
	May 5 Classes Begin
	July 11 Last day to withdraw and receive a "W"
	June 30-July 4 Summer Break
	August 15 Last Day of Summer Term
Fall Term	September - December 2014
	July -September Registration for Fall Term
	September 8 Classes Begin
	November 7 Last day to withdraw and receive a "W"
	November 24-28 Fall Break
	December 19 Last day of Fall Term
Spring Term	January-April 2015
	October-December Registration for Spring Term
	January 5 Classes Begin
	March 13 Last day to withdraw and receive a "W"
	March 2-6 Spring Break
	April 17 Last day of Spring Term
Summer Term	May - August 2015
	March -April Registration for Summer Term
	May 4 Classes Begin
	July 10 Last day to withdraw and receive a "W"
	June 29-July 3 Summer Break
	August 14 Last Day of Summer Term
Fall Term	September - December 2015
	July -September Registration for Fall Term
	September 8 Classes Begin
	November 6 Last day to withdraw and receive a "W"
	November 23-27 Fall Break
	December 18 Last Day of Fall Term

FINANCIAL AID OPPORTUNITIES

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We have a number of financial aid opportunities available for FSTM students. Funding sources include restrictions so please contact our Financial Aid Coordinator, Nellie Eshleman, for more information on your personal financial aid options!

- Federal Financial Aid
 - Pell Grants
 - Stafford Loans (Stafford Loans may be either subsidized or unsubsidized)
 - Plus Loans
- Bright Futures scholarships
- Florida Prepaid Plan (529 College Savings Plan)
- WIA Program (Workforce Investment Act)
- VA Funding
- Vocational Rehabilitation
- Other Private Grants & Scholarships



LOCATION AND FACILITIES

We are located in the historic Howard-Kelley house at 810 East University Avenue, in the heart of Gainesville's northeast historic district.

The Florida School of Traditional Midwifery (FSTM) is located in the historic Howard-Kelley House, which was built in 1883. The house was restored under the expert supervision of Mary Barrow and received the Florida Trust for Historic Preservation Adaptive Use Award for the State of Florida in 1987. Doctor Mark Barrow, a retired cardiologist, and his wife Mary, were delighted to assist the Florida School of Traditional Midwifery with the purchase of the mansion for use as a midwifery school and birth center in the spring of 2004.

This charming Victorian mansion is the perfect backdrop for midwifery in North Central Florida. FSTM shares the building with the Birth and Wellness Center of Gainesville, which is located on the ground floor.

We have three classrooms, kitchen facilities, a student lab/library, and several administrative offices for FSTM use. Students may reference all books, journals, and audiovisual materials from our library collection. Students have access to a learning lab with models, charts and dolls for practice and personal study or research.

ADMISSIONS POLICIES AND PROCEDURES

SCHEDULING AND CLASS HOURS

A current schedule of classroom hours for each term will be available one (1) week prior to the beginning of classes. Scheduling at clinical sites will be done in collaboration with FSTM, the student, and the clinical sites.

ADVANCED STANDING AND TRANSFER OF CREDIT

FSTM does not accept transfer of credit; however, Advanced Standing may be granted for students with relevant prior education. As mandated in Florida Statute 467 (F.S.467), previous student education will be assessed on an individual basis. "In no case shall the training be reduced to a period of less than 2 years" (F.S.467.009 [2]). Advanced Standing credits awarded will not count toward the maximum timeframe for completing the program.

Request for Advanced Standing is granted at the time of submitting an application to the program. It will be the student's responsibility to provide FSTM with all official transcripts or documents required for evaluations of Advanced Standing requests. Upon acceptance into the program the Academic Dean will conduct a review of the Advanced Standing request. A non-refundable fee of \$15.00 per credit will be assessed. The applicant will also be required to complete and pass a competency exam. If advanced standing is granted, both educational credits and tuition costs will be reduced proportionately.

CREDIT BY EXAMINATION

The Academic Director may review Advanced Standing requests the evaluator has denied. The student may petition the Academic Director, in writing, requesting the review. The Academic Director, in consultation with the Clinical Director and the Course Instructor, will decide whether the student qualifies for Credit by Examination. If approved there is a charge of \$75.00 for each examination. The student must achieve a minimum of 85% to receive credit for the course. If the student does not pass the examination, she or he will be required to take the course to receive credit. In this instance the student will be responsible for full tuition associated with the course.

Credit by Examination may not be applied to courses which FSTM has determined are core classes and for which advanced standing is never granted.

PREREQUISITES, APPLICATION, AND ENROLLMENT

In accordance with Florida Law & FSTM Policies, prior to enrollment, prospective students must:

- Be 18 years of age or older
- Hold a high school diploma or its equivalent
- Have taken and received a passing grade in three college-level credits each of Math and English

OR

- Demonstrate competencies by passing the College Level Equivalent Proficiency (CLEP)
- Doula training from an approved program within the last two years or current doula certification.
- Childbirth Educator training from an approved program within the last two years or current childbirth educator certification

FSTM requires that prospective students:

- Submit a completed application (available on the website)
- Submit a \$75 application fee, non-refundable
- Complete an interview with our admissions committee

Upon acceptance students must submit a \$200 enrollment fee (refundable for 3 business days) with the completed enrollment agreement.

FSTM reviews all student applications equally, and does not exclude, deny attendance to, or otherwise discriminate against any person on the basis of race, color, national origin, disability, or age in admission to or participation in programs and activities, whether carried out by FSTM directly or through a contractor or any other entity with which FSTM arranges to carry out its programs and activities.

RETURNING MILITARY SERVICE MEMBER

FSTM will readmit any military servicemembers returning from active duty who withdrew or took a leave of absence in order to fulfill military duty. The student will be promptly readmitted as soon as in-sequence courses are available in order to pick up midwifery education where they left off. The student will be readmitted to the same program, at the same enrollment status, with the same number of completed credits, and with the same academic standing. The student will be assessed the same tuition and fee charges that would have applied in the year the student left the program, or the same as other current students if VA or other benefits will cover the difference.

If servicemembers returning to school require assistance to prepare to return to the program, FSTM will make every effort to help the student to prepare. If more than 2 years have elapsed since the student left the program, the student will be reviewed to repeat any core classes or other course material deemed necessary to successful continuation in the program. In this case, the student will be required to attend the class but will not be charged tuition or fees. Course material or clinical experience that needs to be reviewed or repeated will be assessed on a case-by-case basis.

In order to qualify for readmission, the student must have given advance oral or written notice before leaving the program, and must submit written notice of intent to return to the program. Notice of intent to return must be submitted not later than 3 years after completion of service, and not later than 2 years after recovery from service-related illness or injury. If more than 5 years have elapsed since the student left the program she or he may need to reapply for the midwifery program.

FINANCIAL POLICIES AND PROCEDURES

FINANCIAL POLICY

Upon registration, students assume full responsibility for payment of their tuition and other fees associated with their education at the Florida School of Traditional Midwifery Inc., in accordance with the payment policies of the school. Tuition in its entirety must be paid prior to the start of each term; at least 50% of the tuition must be paid prior to the start of the term, accompanied by a formal payment plan arranged with the Finance Department for the remaining balance during the course of the term. All tuition and other fees must be paid by the end of each term in order for the student to register for any subsequent term.

If a student has an unpaid balance at the end of a term and is unable to make payment in full, she or he will not be eligible to register for any subsequent term. A student under these circumstances may submit a written request to the Finance Department to establish a payment plan to pay off any outstanding balance. The payment plan must be approved and signed in order for the student to be eligible to register for a subsequent term.

FINANCIAL AID

FEDERAL FINANCIAL AID

Students who are US citizens or permanent residents may be eligible for Pell Grants, Stafford Loans, or Plus Loans. Stafford Loans may be either subsidized or unsubsidized. Students can apply online at www.fafsa.ed.gov. To learn more about financial aid eligibility, contact the FSTM Financial Aid Coordinator (nellie@midwiferyschool.org).

OTHER FINANCIAL AID OPTIONS

Bright Futures scholarships, Florida Prepaid Plan (529 College Savings Plan), WIA Program (Workforce Investment Act), VA Funding and Vocational Rehabilitation are available to those who qualify.

ENROLLMENT STATUS FOR TITLE IV

Because FSTM offers a program in credit hours and terms but does not award a degree, the program is subject to clock to credit conversion when calculating enrollment status for Federal Student Aid (FSA). To determine whether a student is enrolled full-time, three-fourths time or half-time, the institution must divide the number of clock hours in each term by 37.5. The resulting number is the FSA, or "converted," credits for that term. Full time enrollment is 12 converted credits, three-fourths time is 9, and half-time is 6 converted credits.

GRADE LEVEL PROGRESSION POLICY FOR TITLE IV

In order for students to progress from first to second year FSA award amounts they must complete 30 converted credits (see above) per level. Students will be eligible for second year award amounts once they have completed 30 converted credits. No students will reach 60 converted credits under the current FSTM curriculum.

Any student taking the complete Direct-Entry curriculum will be eligible for first-year award amounts from Year 1 Term 1 through Year 2 Term 2. Second-year award amounts may be available in Year 2 Term 3 through the end of the program.

SATISFACTORY ACADEMIC PROGRESS

Standards for Satisfactory Academic Progress (SAP) will be published yearly in our course catalog, which is available in print and electronic formats. The same standards will be used for all students regardless of program enrolled and whether or not the student is receiving Title IV funding.

The continuation of students who lack the ability, dedication or maturity to learn is inconsistent with the goals of the Florida School of Traditional Midwifery. Students must maintain a passing cumulative grade point average (GPA 2.5) and successfully complete 67% of cumulative credits per semester, to be assessed every semester. A student whose GPA drops below 2.5 or who fails to complete at least 2/3 (67%) of cumulative credits will be placed on Academic Probation for failing to meet Satisfactory Academic Progress Standards and will be required to attend a performance review.

Students will be evaluated at the end of each semester by the course instructor, in accordance with the criteria listed in the course syllabus. Grades will be posted online via our online gradebook. The grade for clinical coursework (Clinical Lab) is determined by the Clinical Director based on fulfillment of all requirements outlined in the Clinical Lab syllabus, including but not limited to:

- Mid and End of Term Check-ins
- Submission of an appropriately completed clinical notebook
- Completion of clinical skills appropriate to the student's place in the curriculum.

The Academic Director will evaluate academic progress at the end of every semester once grades have been submitted. A determination will be made regarding Satisfactory Academic Progress (SAP). Any student who is not meeting SAP standards will be eligible for Title IV aid for one semester, with a financial aid status of "Academic Probation." If at any time a student fails to meet SAP, she or he will be notified in writing and again during a Performance Review.

If for any reason a student fails to meet SAP in that subsequent semester and is not dismissed from the program eligibility for financial aid will be revoked, unless the student successfully appeals or petitions for continued eligibility. In the case of a successful appeal, financial aid status will be changed to "Financial Aid Probation."

A student who wishes to appeal a determination of unsatisfactory progress may initiate petition procedures, per our Appeal Policy.

VETERANS ATTENDANCE POLICY

Veterans must attend the first day of class in order to be eligible for benefits.

Excused absences will be granted for extenuating circumstances only. Excused absences will be substantiated by entries in students' files.

Early departures, class cuts, tardies, etc. for any portion of an hour will be counted as a full hour of absence.

Students exceeding three (3) days unexcused absences in a calendar month WILL BE DISMISSED for unsatisfactory attendance.

VETERAN'S ACADEMIC STANDARDS OF PROGRESS

If the cumulative GPA falls below 2.0 at the end of any term the student will be placed on academic probation.

The GPA must be brought up to 2.0 or better by the following term or the veteran student will be terminated from veteran benefits.

RECERTIFICATION FOR VETERANS ADMINISTRATION BENEFITS

Upon obtaining a 2.0 cumulative grade point average, the veteran student can be recertified for veteran benefits.

PROGRAM WITHDRAWAL AND REFUND POLICY

Should the student be dismissed or withdraw for any reason, all refunds will be made according to the following refund schedule:

1. Program withdrawal must be made as an official written request, which includes email requests.
2. The complete enrollment fee will be refunded if the student withdraws from the program within (3) three business days after signing the Enrollment Agreement and making the initial payment.
3. Program withdrawal after the third (3rd) business day, but before the first class will result in a refund of all tuition and fees paid.
4. Program withdrawal after classes have begun, but prior to 60% completion of the term, will result in a prorated refund computed on the number of days attended as a percentage of total program days for the term.
5. No refund will be given after 60% of the term has passed.
6. Program withdrawal date: The program withdrawal date for refund computation purposes is the date written notice of withdrawal is received in the Academic office.
7. Refunds will be made within 30 days of receipt of the Program Withdrawal Notice.
8. No refunds will be made for the application fee. No refunds will be made for books and/or supply assessments.

ACADEMIC POLICIES AND PROCEDURES

FAILING AND REPEATING A COURSE

Students may only repeat a course if the initial attempt resulted in a failing grade. When a student fails a course she or he will be required to repeat it for a passing grade and will be placed on Academic Warning. Students on Academic Warning will be required to attend a Performance Review and will be required to meet with the Academic Director. In the event that a student fails a course, the student may be required to enroll at less than full time until the course can be repeated to ensure that all prerequisites are met. Failing then repeating a course will not extend the maximum time frame. Students must repeat any failed courses the next time they are offered, which is usually one year following the initial attempt. Both attempts will be recorded on the student's final transcript and will be calculated in the cumulative GPA.

The school will make every attempt to provide referrals for appropriate private tutoring for students who are experiencing academic challenge.

Failure to pass a course on a second attempt may result in dismissal. Students who fail three (3) or more classes throughout the course of the entire program may be dismissed.

GRADING POLICY

GPA is calculated using a point system. A and A+ are given 4 points per credit of the course, B+ receives 3.3 points, B receives 3, C receives 2, and F receives 0 points. The total is divided by the number of credits attempted, and the result is the GPA. Students' academic performance will be graded on the following scale:

GRADE CODE	ACADMIC STANDING
A+ 100%	Honors: Student has earned all A's
A 90-99%	In Good Standing: Student has earned C's or better
B+ 87-89%	Academic Warning: Student has failed 1 or more classes
B 80-86%	Academic Probation: Student not making satisfactory academic progress
C 75-79%	SAP - Standards of Academic Progress: To meet SAP, student must maintain a cumulative GPA of 2.50 or higher AND successfully complete 67% of attempted credits each semester
F 0-74%	
I Incomplete	
W Withdrawn	
IP In Progress (clinical)	

MAXIMUM TIMEFRAME:

The maximum timeframe for completion of the academic portion of the Direct-Entry Midwifery program will be 4.5 years. If a student cannot meet academic requirements for graduation within the maximum time parameters, the student will be considered as not making satisfactory progress and may be terminated from the program. Students may take another year to complete clinical components on a case-by-case basis. Time the student is enrolled but not receiving Title IV funding is counted toward the maximum timeframe to complete the program, as are semesters during which the student fails a course, withdraws from a course, or receives an incomplete in a course. Time that a student is on a leave of absence is not necessarily counted toward the maximum timeframe. Students must complete 67% of attempted credits in order to graduate within the maximum timeframe.

ACADEMIC STANDING

Academic standing is assessed on a term-by-term basis.

- Honors: Student has earned all A's
- In good standing: Student has earned C's or better
- Academic Warning: Student has failed one (1) course or more.
- Academic Probation: Student has failed to meet Standards of Academic Progress.

COURSE WITHDRAWAL POLICY

A student may withdraw from a class and receive a grade of "W" under the following conditions:

- A grade of "W" can be assigned until the Last Date to Withdraw and Receive a "W" for the semester. After that date, if a student stops attending class, a grade of "F" will be assigned.
- To receive a grade of "W," the student must meet with the Academic Director, Clinical Director, and (if receiving Title IV funding) the Financial Aid Coordinator prior to the Last Date To Withdraw.
- If the Withdrawal is approved, the student will be notified and a grade of "W" will appear on the transcript.
- If the course is a prerequisite to another course, the student may not register for the subsequent course until a passing grade is on record.
- The semester in which a student withdraws from a course will be counted toward the maximum time frame of 4.5 years unless the student does so during the drop/add period.
- Refunds will not be permitted for course withdraws

INCOMPLETE POLICY

Incompletes are given at the discretion of the instructor. A student must offer a compelling reason for the request and a plan for completing the course work. At least 80% of the course work must have been completed at the time of the request. An "I" will appear on the grade report until the instructor submits a final grade. If the course is a prerequisite for another course, the student may not register for the subsequent course until a passing grade is on record. A grade of "I" will not be factored into the GPA because no credit has been earned before a grade has been issued. Students must complete the course work by the next grading period, or an "F" will automatically become the final grade.

APPEAL POLICY

A student may initiate an appeal or petition requesting an exception to any academic, administrative, clinical or financial policy or decision regarding her or his enrollment.

Students who are not meeting the minimum academic standards of progress may appeal this determination due to mitigating or unusual circumstances. Such mitigating circumstances may include, but are not limited to: pregnancy, extended illness of the student or a dependent for whom the student has caretaking responsibility, or death in the family. An academic appeal must include the reason that the student failed to meet Standards of Satisfactory Academic Progress (SAP), as well as evidence or explanation of what changes have been made that will allow the student to meet SAP in the following term. The length of appeal granted for mitigating circumstances will be determined by the Academic and Executive Directors at the time of the initial appeal, but will not exceed one year. Regarding appeals for not meeting Standards of Academic Progress which are granted, students will be eligible for Title IV aid throughout the length of their appeal.

1. Two copies of the petition must be submitted in writing and delivered to the FSTM office either in person or by certified mail. It must be clearly titled "petition," and must be signed by the petitioner.
2. One copy of the petition will be submitted to the appropriate director (Academic, Clinical or Financial), and one copy will be submitted to the Executive Director.

3. The petition will be reviewed by the Directors described above. All parties will be informed as to the date, time and place the petition will be discussed and may be required to attend. The Administration will make a decision within 30 days of reviewing the petition.

4. If the original petition is not resolved to the student's satisfaction, the student may make an appeal directly to the Board of Directors. The Board will then review the petition at the next meeting; meetings are held monthly. The student petitioner, faculty, and or staff member referenced in the petition may be asked to attend the meeting. A decision will be made at that Board meeting and all parties will be informed.

5. If a decision by the Board of Directors does not adequately resolve the situation to the satisfaction of the student, FSTM's accrediting agency may be contacted.

Midwifery Education Accreditation Council

PO Box 984

LaConner, WA 98257

360-466-2080

www.meacschools.org

ACADEMIC HONESTY POLICY

FSTM students are expected to act with integrity and honesty in all of their academic and clinical pursuits. Students, faculty, preceptors and administration are expected to report any and all suspicions of dishonesty to the class instructor or Academic Director.

Violations of academic honesty include:

Cheating includes, but is not limited to, copying written homework assignments from another student, copying from another student's paper during an in-class exam or looking at textbook or notes during an exam when not specifically permitted by the instructor.

Plagiarism: the representation of someone else's work as one's own or the representation of one's previous work as one's original work. This includes published or unpublished work, the work of another student, and even work that was originally one's own but was not created for the course for which it is submitted. Plagiarism includes, but is not limited to, quoting oral or written materials without citation on any written or oral assignments, submitting a research paper or other written assignment that was not written by the student, including papers purchased from a service, obtained on the Internet or obtained from another student.

Misrepresentation: any act or omission with intent to deceive an instructor for academic or clinical advantage. Misrepresentation includes turning anything in that was not originally created by the student for that particular assignment unless expressly allowed by the instructor, lying to an instructor to increase the grade, lying or misrepresenting facts when confronted with an allegation of academic dishonesty. It also includes misleading preceptors about clinical experience or falsifying clinical documents.

Violations of the academic honesty policy will be handled in the following manner:

1. For the first offense, the instructor should inform the Academic Director, and a meeting will be called with the student. The instructor shall inform the student that she or he is suspicious of a violation and give the student a chance to give her or his account of the incident. If it is determined that a violation has occurred, a Performance Review will be called, and the student will be placed on dismissal probation.
2. A subsequent violation will result in dismissal from the program.

COURSE ADD/DROP POLICY

The drop/add period for all classes will be the first two weeks of the semester. Students may drop or register for these classes during this period without academic or financial penalty.

If a student drops a regularly scheduled course after the drop/add period but before the last day to withdraw, she or he will receive a grade of "W" and will not be eligible for tuition refund.

To drop or add a course, students must complete a drop/add form, available from the Academic Dean. The form must be submitted to the administrative office by the end of the drop/add period. Students must obtain approval from the Academic Dean for dropping or adding a course.

ACADEMIC PROBATION

Any student whose grade point average falls below 2.5 or fails to successfully complete 67% of cumulative attempted credits will be placed on academic probation. Students will remain on academic probation for one semester and will be eligible for Title IV funding during that period under Financial Aid Warning (see below). Probation will be lifted once the student completes the semester within Satisfactory Academic Progress Standards (see above) for both qualitative (grade average) and quantitative (rate of completion of credits) measures. Students on academic probation will be required to meet with the Academic Director at the beginning and middle of each term that they are on probation.

If following a first period of Financial Aid Warning a student is not meeting SAP, she or he will not be eligible for Title IV aid (i.e. back-to-back Warning periods will not be granted without a successful appeal), and will be in jeopardy of dismissal from the midwifery program.

ANNUAL ACADEMIC ADVISEMENT

FSTM students will have the opportunity for an Annual Academic Advisement meeting with the Academic Director. Topics of this meeting could include academic progress, study skills, attendance, or other factors as identified by the student, faculty or the Academic Dean

RECORD RETENTION AND INSPECTION

All student records are permanently on file at the FSTM Administrative Office. Any student wishing to see her or his records may do so by appointment during office hours. Transcript requests must be in writing and a fee of \$10.00 will be assessed per transcript. Graduates will receive 3 transcripts at no cost upon graduation.

AUDITING COURSES POLICY

Students may audit certain courses when space is available. Students wishing to audit a course must obtain instructor and administrative approval and register for the course during regular registration. There is no credit given for a course that has been audited, and a grade of "X" will be assigned. Students who register to audit are expected to attend class and fully participate in the course, except on test days. In order to audit any course, necessary prerequisites must be met. To change from a grade to an audit, students must apply in writing within the first two weeks of the course.

Provided that above guidelines are followed, a student may audit a class free of charge if the student has already taken, passed and paid in full for the course. A student who first audits a class must pay full price for the class if she or he chooses to take it for a grade a second time.

CLASS BREAK POLICY

Department of Education Rule: For each 60 minute hour of class time students will receive 50 minutes of instruction in the presence of an instructor and 10 minutes of break.

COUNSELING AND PLACEMENT

FSTM has on staff an Academic Director available by appointment for academic counseling to students. Upon successful completion of the program, school administration is available to counsel graduates about job placement in a midwifery practice; however, the school cannot guarantee employment.

COURSE OR PROGRAM CANCELLATION POLICY

The Florida School of Traditional Midwifery, Inc. reserves the right to cancel or postpone a class or program for any reason at its sole discretion, including insufficient student enrollment. FSTM administration will, however, make every effort to make cancellation decisions well in advance of the beginning date of class, and will further strive to honor commitments made to any students already enrolled in a particular program. If the school elects to cancel classes or programs, enrolled students are entitled to a 100% refund of fees paid for the class or program, which will be credited to their account.

NON-MATRICULATING STUDENTS POLICY

Non-matriculating students must fill out a non-matriculating student agreement and pay an enrollment fee of \$30 per term. They will be billed full tuition for all classes taken. Not all courses are open to non-matriculating students.

PREREQUISITES POLICY

Course prerequisites are listed with individual course descriptions.

RESEARCH REQUIREMENT

The following courses carry a Research Requirement: Antepartum, Intrapartum, Issues in Professional Midwifery, Female Sexuality for Midwives, Nutrition, Psychology for Midwives and Reproductive Anatomy and Physiology.

Students should learn the valuable skill of gathering and synthesizing information to present either in oral or written form. In each of the above classes, instructors assign either a research paper of at least 5 pages or a research-based presentation. Students will need to turn in a bibliography for each research assignment that includes refereed journals and texts.

WITHHELD GRADES

The school may withhold grade reports and transcripts if a student has outstanding debts to FSTM, which can include administrative file forms and any unpaid balance on her or his account.

GRADUATION REQUIREMENTS

1. Complete all classes listed in the program curriculum with a grade of "C" or better.
2. Complete all clinical requirements listed in the program requirements, and submit appropriate documentation to the FSTM office.
3. All fees are current with no outstanding balance.

NARM CERTIFICATION REQUIREMENTS

For the Direct-Entry Midwifery Program and Licensure by Endorsement Program.

1. Graduates of a MEAC accredited program must fulfill NARM's general education requirements, available on their website at www.narm.org. MEAC graduates are expected to apply for NARM certification within three years of graduation. If application for certification is made after this time, NARM will require additional documentation.
2. Clinical requirements must be completed (*Clinical Lab Credits: 23, Total Midwifery Clinical Lab Clock Hours: 1380*). Please refer to the Clinical Policy and Procedure section of the catalog.
3. Provide a copy of your notarized graduation diploma or a copy of final transcripts with the school insignia.
4. A statement verifying that the student has successfully performed all of the skills on the NARM Verification Form. Those applying to take the NARM before graduation must have a Letter of Intention from FSTM, which verifies that all requirements will be completed by the student's graduation date.
5. Required documentation to take the NARM exam includes:
 - A copy of the CPR and/or NRP card
 - Practice guidelines
 - An Informed Consent document
 - Forms and handouts relating to midwifery practice
 - An Emergency Care Plan document.

CLINICAL POLICIES & PROCEDURES**PRIOR TO ENROLLING IN CLINICAL LAB:**

1. Students are required to submit a current Physical Health Form, which will be provided by FSTM at the time of Enrollment. The Physical Exam must occur within one year of starting FSTM to be considered current.
2. Students shall submit proof of current immunizations or titers for the following (Immunizations/Titers should have occurred within one year of starting FSTM to be considered current; A copy of official lab results is considered acceptable proof):
 - Hepatitis B
 - Varicella
 - MMR (Measles, Mumps, Rubella)
 - TB Test
3. Students must have a FSTM Student ID Badge made.
4. Students will submit an approved Clinical Resume.
5. Students must be current in certifications of CPR and NRP (Neonatal Resuscitation Program).
6. Students must interview with potential preceptors, as arranged by the Clinical Director.

CLINICAL LAB CREDITS

- Enrollment in Clinical Lab: Students will enroll in Clinical Lab starting in Y1T2 and continue to enroll each semester throughout the program. However, students have the option to complete Clinical Lab one semester early to allow time in Y3T3 for clinical experiences out of the country and study time for the NARM written exam.
- Clinical Check-Ins: Students will meet with the Clinical Director at least once each semester to discuss progress at their assigned clinical site.
- Clinical Experience Forms: Students will be required to submit clinical forms monthly (due one month from the date of the experience to the Clinical Director). These forms will be provided by FSTM in the Enrollment package.
- Clinical Hours: Students will document clinical hours continuously on the Clinical Hours form, and will submit a final version at the end of each semester. Each Clinical Lab credit is worth 60 hours. The total amount of hours submitted must meet the minimal requirement of Clinical Lab credits registered for (i.e. If the student registered for 2 credits of Clinical Lab, they must show documentation of at least 120 Clinical Lab clock hours).
- Driving Time: Students cannot count driving time on the Clinical Hours form from their home to clinic and/or births.
- Clinical Lab Extra Credits: Upon review and approval by the Clinical Director, additional Clinical Lab credits can be added before the semester's halfway point, if the student expects to exceed the amount of clinical hours they registered for by 60 hours or more.
- In Progress (IP) Grade: A grade of IP will be issued if a student has not completed the hours needed for the credits registered for in a given semester. The student must complete the Clinical Lab credits by the end of the next semester or a failing grade will be issued for that Clinical Lab course.

PRECEPTOR PLACEMENT GUIDELINES

- The Clinical Director will schedule an interview between the student and potential preceptors, prior to clinical placement. Clinical placement will be assigned per semester.
- Students are not permitted to change Clinical sites without the Clinical Director's approval.

STUDENT IS RESPONSIBLE FOR:

- Extra Costs: All costs related to travel, room, and board at clinical sites.
- Car and Cell Phone: Students must have reliable transportation while on call and remaining accessible at all times by telephone.
- CPR and NRP: Maintaining current certifications in both CPR and NRP during the entirety of their clinical preceptorship. The student is responsible for the fees and scheduling of these trainings and must maintain a proof of certification in both CPR and NRP on file at FSTM. If CPR and NRP certifications lapse while enrolled in Clinical Lab, students must discontinue attending all clinical experiences until they renew certifications. This could result in a student failing a semester of Clinical Lab, if it is not resolved.
- Skills Checklist: Students will use The Practical Skills Guide for Midwives, 5th Edition, by Pam Weaver and Sharon Evans throughout the program to obtain signatures for skills learned and practiced. Official Preceptors from FSTM, instructors, and the Clinical Director can sign for skills in The Practical Skills Guide for Midwives. The pages in the back of the book must be turned in to FSTM in the senior year when the student is ready to submit their application for the NARM exam. Two signatures are required for each skill. The first signature verifies that the student was taught the skill and the second signature shows the student has practiced the skill and is proficient.

CLINICAL SKILLS PRACTICE AND EXAMS

- GYN/Pelvic Exams: Students will receive instruction on how to perform a pelvic exam in Y1T2. Students will observe and practice hands-on skills on a live model.
- GYN/Pelvic Skills Exam: Students will perform a complete pelvic exam on a live model in Y2T1 and verbalize all steps involved, as if talking to a real midwifery client. Students will also have the opportunity to practice the steps of pelvimetry on the live model during this session.
- Practicum Class: Students will be given the opportunity to practice skills during Midwifery Practicum class, which happens each semester beginning in Y1T2.
- Clinical Skills Exam (CSE): In Y3T2 of the midwifery program, students will complete an 8-hour skills exam to determine proficiency in advanced skills prior to graduation. This exam is a requirement of NARM and must be completed before graduation. Refer to the CSE Study Guide for a complete description of the exam and information on preparing to take the test.

LAW AND RULE AT PRECEPTOR SITES

- Florida Statute 467: Students shall review and abide by Florida Statute 467 Law and Rules.
- Students shall abide by the Clinical site's personnel policies, protocols, and contracts as deemed by the Preceptor(s).
- If the student is asked to perform clinical duties outside of the scope of practice, per Florida Statute 467 Law and Rule, the student should decline and notify the Clinical Director within 24 hours.
- The unlicensed practice of midwifery in the state of Florida is a felony (FS. 467.201): The student must at all times function within the student/preceptor relationship and the provisions of Chapter 467, Florida Law and Rules. While enrolled at FSTM, the student agrees not to be present at a birth or clinical experience or to perform midwifery services without the presence of a supervising FSTM-approved Preceptor.
- HIPPA: The student acknowledges the importance of HIPPA confidentiality and agrees not to use real names when discussing client cases in class, with classmates, or otherwise. This means: Clients, midwives, physicians, and events that take place at the Preceptor/Clinical Sites.

Liability:

- Students are not covered by medical liability insurance.
- The student agrees to inform the FSTM Clinical Director of any incident or situation that they believe may result in a liability claim within 24 hours of occurrence.

CHALLENGES IN THE CLINICAL SITE

- Mediation: Students and Preceptors have a right to mediation should a problem arise. Mediation is available through the school. Please notify the Clinical Director within 24 hours if a dispute has occurred. In the event that disagreements or problems regarding behavior or clinical performance are not resolved, the preceptor has the right to direct the school to withdraw a student from the preceptor site.
- Students will continue with current Preceptor(s) until the end of the semester. Changes mid-semester will only happen if the student is dismissed from a site by the Preceptor due to poor performance or other reasons.
- If a student refuses to attend a birth while on-call, they may be placed on Clinical Probation and be immediately dismissed or suspended from their current Clinical Site. This may result in a failing grade in Clinical Lab or dismissal from FSTM.
- If a student is dismissed from their Clinical Site due to poor performance, a Performance Review will be scheduled with the Clinical Director and the Academic Director or the Executive Director.

BIRTH-RELATED ABSENCE POLICY

Attendance at a birth will be an excused absence from FSTM classes, with the exception of workshop-style courses. However, students will be granted only two (2) birth-related absences per semester. Any additional birth-related absences will be considered unexcused. Students are expected to comply with the following:

- It is the student's responsibility to inform the Academic Director and instructor(s) of the birth-related absence before class begins.
- Any missed coursework is expected to be made up in a timely manner. Some coursework may be impossible to make up, as dictated by the instructor, and may be reflected in the student's final grades for the course.
- The student must submit to their instructor(s) completed documentation via a "Birth-Related Absence Form" (provided with Clinical forms) and the form must show the Preceptor's signature, the date and time of the birth, and the time that the student is at the birth site.

GENERAL POLICIES AND PROCEDURES**ATTENDANCE POLICY**

Students may not attend classes at FSTM unless they have registered and paid for the class. Students who do not attend at least one of the first two meetings of a class or clinical experience may be dropped from the course.

Students are permitted to miss one hour of class per credit hour of the course. These absences are without grade penalty although make-up work must be completed.

In addition to the allowed one hour of absence for each credit hour of a course, students are granted excused absences for the following reasons:

- Attending a birth (see policy for Birth-Related Absences in Clinical Policies and Procedures section)
- Illness of the Student Midwife
- Illness of the student's immediate family when the student has care-giving responsibility.

PROGRAM POLICIES AND PROCEDURES

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- Death in the immediate family
- Religious holidays for which advance notice was given

The student is responsible for completing all assignments from the missed classes.

Students may be required to supply written documentation of the reason for absence at the discretion of the faculty member. Students are responsible for completing all attendance requirements of FSTM and its faculty.

Students are expected to arrive to class on time, ready to work. Arriving late to class on two occasions equals one absence. Additional late arrivals may result in a lower final grade.

DISCIPLINARY POLICY

When a student is found to be in violation of FSTM Policies and Procedures, the following actions will be taken:

- A verbal and written notification of the violation(s) will be given to the student by the Academic Director.
- If the violation continues, the student will meet with a disciplinary committee comprised of the Academic Director, the faculty member involved, if any, and another FSTM Director. A probationary period may be assigned.
- If the problem has not been remedied by the end of the probationary period, the student will be dismissed from the program.

EQUIPMENT AND TEXTS

Students are responsible for the purchase of supplies and books.

LEAVE OF ABSENCE

A student may request a leave of absence, if necessary.

1. A request must be submitted in writing to the Academic Director describing the reasons for the request and an estimated date of return. All tests, assignments and clinical work must be made up on a schedule approved by the faculty.
2. A leave of absence may be requested for no less than one term, and no more than one year during the entire program. In order to be considered for an approved leave of absence a student must:
 - Be in good academic standing with no "Incompletes" pending
 - Be current in all financial obligations to the school
3. To ensure continuity and logical progression in the student's studies, it may be necessary for a student returning from a leave of absence to enroll on a less-than-full-time basis if the core midwifery courses are being taught only once each year.

NON-DISCRIMINATION POLICY

The Florida School of Traditional Midwifery, Inc. admits students of any race, color, national and ethnic origin, sexual orientation, gender, disability, marital status and/or religion to all the rights, privileges, programs and activities generally accorded or made available to students of the organization. It does not discriminate on the basis of race, color, national and ethnic origin, sexual orientation, gender, disability, marital status and/or religion in administration of its educational policies, admissions policies, scholarships and loan programs, hiring practices or other organization-administered programs.

STUDENTS WITH LEARNING DISABILITIES POLICY

Academic accommodations will be made for students with documented learning disabilities. Students with learning disabilities must provide written documentation of their learning disability from a licensed psychologist and a written request for academic accommodations. Requests and documentation should be submitted to the Academic Director as early as possible. Academic accommodations will be determined on an individual basis. Academic accommodations may include, but are not limited to, copies of overheads used during class, permission to tape record lectures, extended time during exams, a quiet and separate environment during exams and/or permission to use assisting technology during exams.

All policies, procedures and fees are subject to periodic revision.

CLINICAL REQUIREMENTS

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Students start clinical preceptorship in Year 1, Term 2 of the program. All clinical requirements are in compliance with Chapter 467, Florida Statute, the North American Registry of Midwives (NARM), and the Midwifery Education Accreditation Council (MEAC).

Per NARM Regulation:

- A minimum of 5 births must be conducted in the home.
- A minimum of 2 births must be planned Hospital Births. This cannot be during an Intrapartum Transport, but can be an Antepartum Transport.
- In all categories, Assistant under Supervision must be completed before the Student Midwife can begin Primary under Supervision.

Total Midwifery Clinical Lab Credits-23

Total Midwifery Clinical Lab Clock Hours-1380

Following is a list of clinical experiences that must be completed before graduation from FSTM:

PN: Prenatal Exams

25-Assistant Under Supervision

55-Primary Under Supervision

IPE: Initial Prenatal Exams

20-Primary Under Supervision

BO: Birth Observation

10-Silent Observation

20-Assistant Under Supervision (Must be completed before beginning BM, per NARM)

BM: Birth Management

50-Primary Under Supervision

PP: Postpartum Exams

10-Assistant Under Supervision

40-Primary Under Supervision

NB: Newborn Exams

20-Assistant Under Supervision

30-Primary Under Supervision

CC: Continuity of Care

5-Full CC (A minimum of 5 of the 50 births as Primary Under Supervision, the student midwife has provided care to 5 women, which shall include 5 prenatal visits spanning 2 trimesters, 1 newborn exam, and 2 postpartum exams within 12 hours and 6 weeks of the birth.)

10-Partial CC (A minimum of 10 of the 50 births as Primary Under Supervision must include 1 prenatal visit provided by the student midwife).

Student midwives at FSTM may undergo a yearly performance review. This review will be conducted by the Academic Director and at least one of the following: Executive Director, Clinical director and/or Members of the faculty. The purpose of the review is to evaluate the student's academic standing, clinical skills and professionalism. Failure to receive a favorable review may result in the dismissal from the program, probation or denial of placement at preceptor sites until such time as a favorable review is obtained.

Criteria for the Performance Review include, but are not limited to, the following areas:

- Academic Probation or Academic Warning due to unsatisfactory academic performance.
- Proper respect for the birth setting, birthing women and their families
- Maintaining confidentiality
- Timeliness in Academic and Clinical settings
- Respect toward preceptors, faculty, fellow students, staff and clients
- Appropriate behavior while at clinical sites.
- Demonstration of skills
- Follow-through on commitments and projects
- Sobriety when on call, in class or in any student midwife capacity
- Sound judgment, including performing only authorized procedures
- Positive attitude
- Appropriate attire and hygiene at births, in clinic and while carrying out professional duties
- Appropriate communication to collaborative care practitioners

The Performance Review is not an event that requires specific preparation on the part of the student. The review covers the student midwife's behaviors and attitudes with respect to the school and the practice of midwifery. Students will receive advance notice of the review and will be informed as to the nature of the review. To insure a positive review, the best preparation is for the student to honor all obligations, in a timely manner, with a professional attitude.

CONDITIONS FOR DISMISSAL

A student may be dismissed for any of the following reasons:

- Failure to meet minimum standards for academic progress after a probationary period or clinical requirements.
- Failing 3 or more classes throughout the entire midwifery program.
- Failure to correct violations after notification by the Academic Director and/or the Clinical Director.
- Failure to adhere to the FSTM Policies and Procedures.
- Failure to meet financial commitments.
- Attending classes or clinical experience under the influence of alcohol or drugs.
- Failure to correct behaviors identified at a Performance Review.

DISMISSAL AND RE-ADMISSION

When a student is dismissed, the student will meet with the Academic Director and/or Clinical Director to discuss the reason for dismissal and options for readmission. A specific plan for readmission will be established depending on the reasons for dismissal. Students who are dismissed for financial indebtedness may be allowed to reenter the program when the debt has been resolved. Students who are dismissed for academic or clinical failure may apply for readmission one full year after the date of dismissal. Students who wish to reenter school after dismissal must make a request in writing to the Executive Director. She or he must provide evidence of having remedied academic or clinical problems and indicate promise of successful performance. Readmission is at the discretion of the Academic and Executive Directors. Students will be notified of status in writing, by mail. The student should expect to repeat the entrance procedure before being readmitted. Upon readmission following dismissal for academic failure, students will be placed on Academic Probation, will be eligible for Title IV aid, and thus will have one semester to meet Standards of Satisfactory Progress; academic or clinical failure in that semester will result in permanent dismissal from the program. Students who are dismissed are not entitled to refunds.

Students who are dismissed for cheating, plagiarism, theft, alcohol or drug abuse, violence or any other behavior that may be harmful to the learning environment or reputation of FSTM and/or would endanger the safety or wellbeing of any person, the school, preceptor site or anyone present at a birth will not be readmitted.

Suzanne Byam is a state certified prevention specialist, working with “at risk” teens in the Gainesville area. She has worked in partnership with the following schools and programs: First Step Facility for girls, PACE for girls, Horizon Middle School, Gainesville High School, Hoggetowne Middle School, and Loften High School. She has also worked with Theatres for Social Change in New York and Gainesville. Suzanne was drawn to the Florida School of Traditional Midwifery through her commitments to Loften High School and the PACE program, and is pleased to be making a contribution to women’s health.

Kym Dalton, C.C.C.E., C.L.D., I.C.C.E., has been teaching and supporting women since 1994. She is the owner of Traditions of Love Childbirth Services, LLC where she provides private childbirth education, sex education, labor doula services and is a professional speaker on the subjects. She is a national and international certified childbirth educator and labor doula trainer for CAPP, conducting workshops all over the world. She has been a member of CAPP since 2000 and is currently the Executive Director of Marketing, as she has a successful background in Marketing and Event Planning. Kym lives in Gainesville, Florida and has been an FSTM Board Member since 2011.

Rae Davies, C.D. (DONA), I.C.C.E., I.B.C.L.C., has been dedicated for over thirty years to preparing women for birth through childbirth education, assisting at births, labor support and providing training programs for doulas, childbirth educators and the public. She has been preserving the sacredness of natural birth since the 1960’s. Rae is an endorser of the Mother-Friendly Childbirth Initiative and current executive director of the Coalition for Improving Maternity Services (CIMS), where she represents CIMS on the United States Breastfeeding committee.

Susan Mendez is the proud parent of two beautiful sons born with the help of the phenomenal midwives from the Birth Center of Gainesville. She graduated cum laude with a BA in Cultural Studies/Critical Theory from the University of Florida’s English Department. She is also a certified Guardian ad Litem volunteer who advocates for children in the State of Florida’s Dependency Court. When she isn’t parenting or bookkeeping for the restaurant she joint owns with her husband and partners, she can be found picking mandolin in her all-women country band, or naturalizing her gardens.

Susan Nelson, ENP, CPM, is the Florida Sales Director for a firm specializing in public safety IT systems. Prior to that she held the position of Alachua County, Florida, Communications Bureau Chief and E-911 Coordinator for over ten years, and served as the manager of marketing and programs for an international environmental nonprofit before that. She has a Bachelor’s degree in organizational communication from the University of Colorado and is a Florida State University Certified Public Manager. Susan has three daughters, all born into the hands of midwives, and as a result, has been an advocate of and activist for midwifery, the midwives model of care, and breastfeeding promotion in the North Florida area for almost three decades. She is married and lives in Gainesville.

Sylvia Paluzzi is the founder and Director of Morning Meadow Preschool and Kindergarten, a Waldorf based early childhood program. She has been working towards the education of young children in an imaginative and respectful manner for twenty years. Sylvia is director of Morning Meadow marionette troupe for 15 years, who have performed marionette shows for children in classrooms, festivals and hospitals settings. Sylvia was also the local president of Friends of the Midwives for ten years, an organization founded on the local level by Ms. Paluzzi and the late founder of FSTM, Jana Borino. Ms. Paluzzi had worked to raise awareness of viable birth options beyond hospital births for families in Gainesville and has been an avid supporter of midwifery for over 25 years. Ms. Paluzzi has 3 sons, 30, 23 and 7, all happy babies born in the loving care of Licensed Midwives.

Heart Phoenix is a social justice, environmental and peace activist who considers one of her greatest contributions to be that of birthing her five beautiful children naturally. Throughout the country, she is an Inspirational Speaker and Facilitator of Personal and Spiritual Growth Workshops and Trainings. She believes that supporting women empowers them before, during and after the birthing process and is an essential element in developing a more healthy and peaceful planet. She feels that midwifery holds the key to that empowerment, not only for the mother-to-be, but for the entire world. She is the Co-Founder of The River Phoenix Center for Peacbuilding in Gainesville, FL.

ACADEMIC DIRECTOR

Abby Reichardt, B.S., is a graduate of the University of Florida. She holds a Bachelor's of Science in Family, Youth, and Community Sciences. Abby was also a student at the Florida School of Traditional Midwifery, and is an advocate for midwives, doulas, families, and the community. She has taught as a Gynecological Training Associate at numerous healthcare-related education programs around North Central Florida, and enjoys being able to share knowledge and best practice in woman's gynecological health. When she is not serving the students and faculty of FSTM, she is likely spending time with her husband, John, out picking flowers, walking her large dog, Les Paul, or floating around contentedly in one of the region's refreshing springs or rivers. They are expecting their first baby in October 2013, and plan to have it at home with a midwife.

abby@midwiferyschool.org

ADMINISTRATIVE COORDINATOR

Glenn Cameron brings thirty years of experience in midwifery and education to FSTM and has worked in various administrative capacities at the school since 1997. She volunteered in the development of the midwifery practice act in Florida as well as midwifery related conferences and workshops. She enjoys assisting midwifery students during their "student midwifery journey" and graduation from the program. She has also completed an Associate's of Arts Degree, trainings in Doula, Childbirth Educator, American Aqua Natal Instructor. Glenn is the mother of three children, all born at home and two granddaughters and two grandsons.

glenn@midwiferyschool.org

CLINICAL DIRECTOR

Stacey Walden, L.M., is a graduate of the Florida School of Traditional Midwifery. She started her midwifery training as a student of FSTM in 1995 and graduated from Sage Femme Midwifery School in California. She later moved back to Florida to complete her training at FSTM and obtain her FL Midwifery License. She has worked as a licensed midwife in: California, Alaska, and Florida in Birth Centers and Home Birth Practices. She has worked at FSTM for ten years, as an instructor, the Academic Director, and presently the Clinical Director since Spring of 2008. Stacey is a loving mom to her five year old daughter, who was born at home, in the water with midwives. She teaches Midwifery Clinical Lab, Nutrition, Water Birth with Barbara Harper, Traditional Healing Modalities, GYN Trainings, and facilitates the Clinical Skills Exam for Seniors. Her enthusiasm and dedication to midwifery motivates Stacey to educate future midwives for the continuation of midwifery in Florida.

swalden@midwiferyschool.org

EXECUTIVE DIRECTOR

Diane Garrison B.A., is a graduate of the University of Florida and joined the staff as Executive Director in 2013. She comes to FSTM via Duke University, UF, and SDSU with a background in academic research and administration. She brings a passion for complementary and alternative medicine to the midwifery school. In her off work hours she volunteers with the STH burn unit offering SOAR counseling; plays ball with her bouncing golden doodle; travels extensively whenever she can; and spends time enjoying her grand children! As a Gator alum she is happy to be back in Gainesville!

diane@midwiferyschool.org

FINANCIAL AID COORDINATOR & ACADEMIC COORDINATOR

Nellie Eshleman has been working for midwives and student midwives in varying capacities for over 6 years. She is with us as Financial Aid Coordinator for her third year and is happy to answer any questions regarding on Financial Funding options. Nellie has also taken on the position of Academic Coordinator and can assist you in varying capacities regarding your courses. She is a local cello instructor who enjoys playing in the Gainesville area with different musical groups.

nellie@midwiferyschool.org

FINANCE DIRECTOR

Eli Santana, M.B.A, is a graduate of St. John's University. He holds a Master of Business Administration with a major in Accounting. Eli's vast professional experience in over 10 countries includes positions such as controller, audit manager and internal auditor with Fortune 500 and smaller companies, including public accounting firms. He serves on the Board of Directors at Florida Works in Gainesville, FL. He enjoys public speaking and is a local member of Tastmasters International.

esantana@midwiferyschool.org



*Back row: Stacy Walden, Eli Santana, Angie Fennell
Front row: Diane Garrison, Nellie Eshleman, Abby Reichardt, Glenn Cameron*

FACULTY

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ABIGAIL FLETCHER

Abigail has been practicing as a Licensed Midwife for years in the Gainesville area. She is an avid supporter of women's health justice, and has served in many capacities promoting this cause. Among other experiences abroad, Abigail served as a midwife and childbirth educator in Haiti in Fall of 2011, working with the local Haitian communities and bringing back their crafts to Florida for fundraising and awareness. She is one of four midwives of the Midwives' Cooperative in Gainesville, where she attends homebirths, encouraging pregnant moms to fulfill their greatest potential.

ERIN DORMAN, M.S., CHES

Erin is a Certified Health Education Specialist and holds a Master's Degree in Health Education from the University of Florida. Erin spent her time at the University researching and teaching courses about women's health and reproductive health. Now, in addition to being an administrator and teaching several courses at FSTM, she is also pursuing a certification in Childbirth Education through ICEA and hopes to soon be a Birth Yoga Educator. When she's not being a natural birth advocate, you can usually find her frolicking in her garden with her puppies, Elmer and Rupert, and her fantastic husband, Nick.

CINDY NELLY, CNM, ARNP

Cindy was born and raised in Maine, and moved to Gainesville in 1988. She was a labor and delivery nurse for 12 years working in a multitude of settings including birth center, home birth, and for 12 years in a high risk hospital setting. Her experiences have led her to serve as coordinator for international maternal child healthcare projects in Africa and South America. Closer to home, Cindy works with maternal rural adolescent health education, and is a disaster relief first responder. She completed her Master's degree in Nursing from the University of Florida in 2011. Cindy and her husband have 4 children. As a midwife, Cindy feels it is an honor to work in partnership with women.

KRISTEN PHILLIPS, L.M., C.P.M.

Kristen is a graduate of the Florida School of Traditional Midwifery in the Fall of 2010. She has worked in the Administrative offices at FSTM since 2010. She is a midwife at the Birth & Wellness Center of Gainesville. She is married and has four amazing children all born into the hands of midwives. Kristen is dedicated to furthering midwifery and passing on to the next generation of midwives the traditional values and experiences that she has acquired throughout her journey.

LORI SCOTT, R.N., B.S.N., M.D.

Lori received her Bachelor's in Nursing from Southern Adventist University, and her MD from the University of South Carolina. She has experience in teaching Anatomy and Physiology and Human Nutrition at Lake City Community College and Santa Fe Community College in the Nursing and Allied Health programs, and has worked in nursing in various hospitals throughout the south. Lori has one child, a son.

MIRIAM PEARSON-MARTINEZ, L.M.

Miriam has been licensed by the state of Florida since 2003, and has also received national certification as a professional midwife. Miriam is a graduate of the only publicly accredited college program offering a degree in direct entry midwifery, Miami Dade College. She has trained with numerous respected midwives. Additionally, she has attended birthing mothers at a busy clinic in Honduras and worked in an emergency room in Ecuador. Miriam has also been certified as a doula (labor coach) and childbirth educator specializing in hypnosis for labor and birth. Her proudest professional accomplishment was working successfully in 2006 to restructure the Florida Laws and Rules, giving more women the opportunity to choose a normal birth after cesarean. She considers herself lucky to be the mom of four wonderful and talented children. Miriam is fluent in English, Spanish, and Sign Language.

RON DEL MORO, PH.D, ED.S, LMHC

Dr. Del Moro is a holistically minded licensed Mental Health Counselor and educator, serving the Gainesville community since 2005. Ron holds a Specialist degree in Education, Master's degree in Couple, Marriage & Family Counseling and a Doctorate in Counselor Education from the University of Florida. He has studied, taught, and facilitated groups around the world. Ron received national awards for his work with individuals and groups. He has a diverse background in Crisis Intervention, Gestalt, Experiential, Interpersonal, and Existential Therapy; specializing in personal growth, couple counseling, and group work. While counseling and teaching, Ron focuses on empowering individuals to nurture a more connected relationship with themselves and others.

SADIE B. SANDERS, PH.D.

Sadie is a senior lecturer in the Department of Health Education and Behavior at the University of Florida. A graduate of HHP, Sadie received her doctorate degree in health behavior with a minor in medical sociology from University of Florida. In addition to her teaching responsibilities, Dr. Sanders also serves as an addictions therapist and substance abuse specialist, as well as an HIV/AIDS awareness and education trainer for Meridian Behavioral Healthcare, Inc. She also provides her expertise in the health research area as a focus group moderator and report writer. Dr. Sanders also dedicates her time to the community through her positions on the board of directors for the Black AIDS Services and Education. She is also the secretary for the state of Florida's Reducing Racial and Ethnic Health Disparity Advisory Committee, appointed by the Florida Secretary of Health. She is currently teaching HIV/AIDS to our students at FSTM.

SERENA KOW, R.N., I.B.C.L.C.

Serena completed her Pre-Nursing at Louisiana State University from 1991-1992, and received her Bachelors of Science in Nursing at Columbia State Community College, Columbia, TN in 1995. Serena has worked since 1995 in Women's Health, including as an OB flight nurse and in the NICU. She has enjoyed working as both a high risk L&D and Neonatal R.N. and a low risk, mother-baby centered birthing center R.N., while supporting women's birth choices and promoting patient and baby friendly practices throughout her career. She is an Internationally Certified Lactation Consultant, and current chair of the North Central Florida Breastfeeding Coalition.

STACEY WALDEN, L.M., C.P.M.

Stacey is the Clinical Director and a graduate of the Florida School of Traditional Midwifery. She started her midwifery training as a student of FSTM in 1995 and graduated from Sage Femme Midwifery School in California before moving back to Florida to complete her training and obtain a FL Midwifery License. She has worked as a licensed midwife in: California, Alaska, and Florida. She has worked at FSTM for nine years, as an instructor, the Academic Director, and presently the Clinical Director since Spring of 2008. Stacey is a loving mom to her five year old daughter, who was born at home, in the water with midwives. Her enthusiasm and dedication to midwifery motivates Stacey to educate future midwives for the continuation of midwifery in Florida.

THERESA FINKBEINER, B.S., L.M.T.

Theresa received her Master Herbalists degree from Dr. Christopher's School of Natural Healing in 1984. She also holds a Bachelor's of Arts in Psychology from Ramapo College and a diploma in Massage Therapy from the Florida School of Massage. She owns and operates Coyote Moon Herb Company, offering aromatherapy massage oils, herb tinctures made with the lunar cycle, first aid salves, birthing needs, dream pillows and herb teas. Theresa currently teaches at Fortis Institute in Pensacola, Florida, and has been teaching herbal medicine, leading herb walks and giving herbal consultations for the past 20+ years.

SANDI BLAKENSHIP, L.M., C.P.M.

Sandi is a NARM certified CPM and a Registered Midwife in the UAE and most recently worked as a Consulting Midwife and Maternity Quality Manager for a maternity hospital group in China. She is a former Florida birth center owner and LM. She is now the Administrator for the Palms Birth House in Delray Beach, FL With more than 2500 births attended in the home, birth center and hospital she has a pulse on what the needs of a midwife student are.

CHRISTINA CATES, M.S., R.D.

This is her first year teaching "Nutrition During the Childbearing Year" and she couldn't be more excited. She is a full-time Registered Dietitian at North Florida Regional Medical Center, which an emphasis on Women's Health and the Neonatal Intensive Care Unit. She received her BS degree in Food Science and Human Nutrition from the University of Florida in 2005. She subsequently completed a post-bacc degree and her Masters of Science of Health in Nutrition in 2009 from the University of North Florida. She was born and raised in central Florida and has been back in Gainesville for the last four years. In her free time she is the Vice President, new skater coach, and a "retired" skater with the Gainesville Roller Rebels, the local women's roller derby league. She also loves spending time with her two welsch corgis Petra and Two-Spot, her boyfriend, reading a good book, and attempting to learn Brazilian Portuguese.

JENNIFER PIERSON, A.R.N.P.

Jennifer is a Nurse with experience and training as a Neonatal Nurse Practitioner in Level 3 NICU, Step-Down, Follow-Up Clinic, and bedside nursing in Labor and Delivery and Home Health. She is also a certified IBCLC. Her free time is spent on community advocacy for nursing mothers, home-schooling her three children, knitting, tasting quality beers and trying to catch a ride on her brother's air-boat whenever possible

NICOLE THERESA LASSITER, CNM, MSN, WHNP

Nicole Lassiter has been a nurse-midwife and women's health nurse-practitioner for almost 10 years. In 2003, she graduated from Frontier Nursing University in the nurse-midwifery and women's health nurse-practitioner tracks, and from Case Western University with a MSN. She has provided full-scope, clinical care to low-risk, high-risk, and minority populations in free-standing birth centers, in-hospital settings, and the public health system.

JULIET MICHAELS, M.S.

is originally from Connecticut, but grew up in a myriad of locales including Arizona, Florida, the Dominican Republic, and the Virgin Islands. She has always been passionate about healthcare, healing, and wellness, and due to the fact that the discipline is very multifaceted, chiropractic was a natural fit for her. Juliet has a keen interest in nutrition and was the co-founder of an organization that focuses on creating delicious food that is non-inflammatory. Juliet's true passion though is with expectant mothers, newborns and children. In addition to her role in chiropractic, she also teaches at a midwifery school because she admires midwifery for its natural approach and philosophy as it is similar to chiropractic.

OUR MISSION

The mission of the Florida School of Traditional Midwifery is to offer the finest in Direct-Entry Midwifery Education in an environment that encourages students to reach their full potential. We believe that it is our responsibility to promote awareness of and access to Midwifery services. Our graduates are community builders who use midwifery as their tool.

OUR VISION

We believe that every woman should have access to the maternity care provider of her choice and the information necessary to make informed decisions.



The Florida School
of Traditional Midwifery

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