

The Florida School of Traditional Midwifery



FSTM Catalog 2015-2016

Volume XIX, Number 1

*Our most current catalog is always on our website at
www.midwiferyschool.org*

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FSTM LICENSURE AND CERTIFICATION

Florida Commission for Independent Education

325 West Gaines St., Suite 1414
Tallahassee, FL 32399-0400
Toll free: (888) 224 – 6684
<http://www.fldoe.org/cie/>



The Florida School of Traditional Midwifery is licensed by the Florida Commission for Independent Education, License Number 1657. Additional information available at the website above.

The Midwifery Education Accreditation Council

1935 Pauline Blvd., Ste. 100B
Ann Arbor, MI 48103
www.meacschool.org



The Florida School of Traditional Midwifery is proud to have MEAC accreditation. MEAC accreditation is designed to strengthen educational programs and to preserve the many innovative programs designed by and for midwives. In order to be a MEAC accredited a program/institution must meet rigorous requirements for demonstrated student success; being fiscally sound; have sufficient faculty, staff, and facility resources; and a viable curriculum. MEAC is recognized by the US Department of Education.

Florida Council of Licensed Midwifery

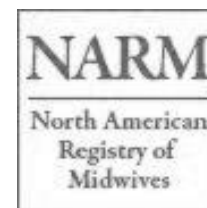
4052 Bald Cypress Way, Bin #C06
Tallahassee, FL 32399-3256
www.floridahealth.gov/



In Florida, Licensed Midwives (LM) provide primary maternity care for women with low-risk pregnancies, offering complete prenatal, delivery and postpartum care. Licensed Midwives may work to meet their communities' needs in a variety of settings, including homebirth practices, birth centers, and community health clinics. They are also eligible to be Medicaid providers and receive insurance reimbursement. Licensed Midwives are Experts in low-risk, normal birth. The protocols for Licensed Midwives in Florida are contained within the Licensed Midwifery Rules, 64B24, F.A.C.P. Licensed Midwives are regulated by the Florida Department of Health, Council of Licensed Midwifery. The Florida School of Traditional Midwifery is certified by this council to offer midwifery training.

National Certification for Midwives

North American Registry of Midwives
5257 Rosestone Dr.
Lilburn, GA 30047
www.NARM.org



FSTM's direct-entry program also qualifies the student for national certification as a Certified Professional Midwife (CPM). This certificate allows the graduate to practice as a midwife in states outside of Florida that recognizes CPM certification. Individual state legislation regarding midwifery practice varies depending on the state, and it is each midwife's responsibility to investigate, acknowledge, and practice under those laws accordingly.

Our Mission

The mission of the Florida School of Traditional Midwifery (FSTM) is to offer the finest in Direct-Entry Midwifery education in an environment that encourages students to reach their full potential. We believe that it is our responsibility to promote awareness of and access to midwifery services.

Our graduates are community-builders who use midwifery as their tool.

Our Vision

We believe that every woman should have access to the maternity care provider of her choice and to the information necessary to make an informed decision.

INTRODUCTION

FSTM is committed to providing quality educational programs for those who share our desire to provide the best care for childbearing women and their families. Graduates of our midwifery program are eligible to become Florida Licensed Midwives (LM) and Certified Professional Midwives (CPM).

FSTM is a not-for-profit 501(c)3 corporation organized under Florida law and licensed by the Florida Commission for Independent Education (CIE). We are also accredited by the Midwifery Education and Accreditation Council (MEAC). We offer direct-entry midwifery educational programs, which are based on combining the art of traditional midwifery with current knowledge of medical science and evidence-based practice.

FSTM students' clinical experiences take place in a variety of settings: home birth practices, community-based birth centers, clinics, and hospitals, located throughout Florida. Our goal at FSTM is to educate and prepare students to become skilled, caring midwives who will be available to serve women and families in their communities.

Upon graduation, midwifery students will receive a diploma in direct-entry midwifery from FSTM and are eligible to sit for the state licensed midwifery examination. The State of Florida utilizes the North American Registry of Midwives (NARM) national examination for this purpose. Upon passing this exam and obtaining licensure, graduates are eligible to practice as Licensed Midwives (LM) in Florida. They are also eligible to become nationally certified through NARM as Certified Professional Midwives (CPM).

FSTM ADMINISTRATION

Executive Director

Gaia Zori, M.P.H., is a Certified Health Education Specialist and holds a B.H.S. from the University of Florida and a Master's of Public Health from SUNY Albany in upstate New York. Gaia has been a long-time advocate for women's health, reproductive health and the elimination of health disparities with experiences ranging from teaching high school in inner-city Memphis to studying as an epidemiology fellow in maternal and child health in New Orleans and, most recently, promoting safe and responsible sexual decision making as a health educator for Planned Parenthood. When she's not at FSTM, Gaia enjoys surfing and spending as much time on the water as she can, spending time with her family, reading for her book club, and trying to learn to speak Danish.

gaia@midwiferyschool.org

Business Director

Nellie Eshleman, B.A.S., is a graduate of Santa Fe College in Early Childhood Education. At the Birth and Wellness Center of Gainesville, she worked for midwives and student midwives for over 7 years in various positions including bookkeeping and billing. She currently holds the position of Business Director and has been on the administrative staff with FSTM for over 4 years. In addition to her position at FSTM, she is also a session cellist.

nellie@midwiferyschool.org

Interim Academic Director

Amanda Mann comes to FSTM with more than 15 years' experience as a teacher, school administrator, and most importantly, a student midwife. Amanda fervently believes that birth is an essential life process that has the potential to transform, inspire, and engage. She believes that midwifery is an essential intersection between passion and the world's greatest need. In her personal life, Amanda reads voraciously, wrangles four boys, volunteers at her local midwifery clinic, and stares starry-eyed at her husband.

amann@midwiferyschool.org

Financial Aid & Regulator Coordinator

Rachel Smith, a Pennsylvania native, has been living in Gainesville for four years and comes to FSTM from a healthcare education background. She brings her passion for a holistic approach to healthcare and is currently obtaining her bachelor's degree in Health Service Administration. Her previous work experience includes Santa Fe College's Health IT Workforce Training Program and the University of Florida's College of Medicine. Rachel enjoys life with her eight-year-old son, supportive partner, friends and family. In her free time, not dominated by schoolwork, she enjoys being outdoors, reading, and having bonfires in the backyard of her new home.

rachel@midwiferyschool.org

Clinical Director

Stacey Walden, LM, is a graduate of the Florida School of Traditional Midwifery and Sage Femme Midwifery School. She has been a licensed midwife since 1998. She has held midwifery positions in home and birth center settings throughout California, Alaska, and Florida. She has worked at FSTM for ten years as an instructor, the Academic Director, and currently the Clinical Director since 2008. She teaches Clinical Lab, Traditional Healing Modalities, GYN and Breast exam training's, and facilitates the Clinical Skills Exam. Stacey is a loving mom to two daughters, one of which was born at home in the water with midwives. Her enthusiasm and dedication to midwifery motivates Stacey to educate future midwives for the continuation of midwifery in Florida.

Administrative Assistant

Heather Reibsome, who was born and raised in Colorado, has enjoyed living in the Gainesville area for nearly 20 years. She has 13 years experience in the health insurance industry and 10 years experience as a labor doula. Heather finds great joy in helping women find and use their strengths to empower themselves and other women. In her free time, Heather enjoys spending time with her family, reading, traveling, camping and spoiling her dogs.

heather@midwiferyschool.org

FSTM FACULTY

GLENN CAMERON, A.A.

Glenn brings thirty years of experience in midwifery and education to FSTM and has worked in various administrative capacities at the school since 1997. Glenn was a lay midwife in Florida in the late 70's and 80's and volunteered in the development of the Midwifery Practice Act in Florida as well as midwifery related conferences and workshops. She enjoys assisting midwifery students during their "student midwifery journey" and graduation from the program. She has also completed an Associate of Arts from Broward Community College, trainings in doula, and childbirth education. She is an American aqua natal instructor and a certified lactation counselor. Glenn is the mother of three children, all born at home, two granddaughters and two grandsons.

REBECCA ERICHSEN, B.S., L.M.

Becky Erichsen has been immersed in birth and midwifery since 2008 when corporate downsizing made a career change an easy choice. She has a BS in Computer Science from Georgia Tech and worked as a Project Manager in software deployment for 10 years. Becky graduated from FSTM in 2012 and has had both a home birth and a birth center practice. She currently has a small home birth practice in Orlando and is a preceptor for FSTM. Being a home birth baby herself, Becky grew up knowing birth was normal from her mom's own birth stories. She has 2 girls who were born in water in a birth center in Ft. Myers. After that, she was hooked and knew midwifery was where she was supposed to be. Becky is a believer in strong education and hands-on experiences for student midwives. Keeping the profession of midwifery thriving and respectable within the medical community starts with how we train our student midwives. She is proud to be part of this process with FSTM.

ABIGAIL FLETCHER, L.M., C.P.M.

Abigail received her diploma from the International School of Midwifery in Miami and has been practicing as a licensed midwife since 2009, mostly in the Gainesville area. She is an avid supporter of women's health justice, and has served in many capacities promoting this cause. Among other experiences abroad, Abigail served as a midwife and childbirth educator in Haiti in the fall of 2011, working with the local Haitian communities and bringing back their crafts to Florida for fundraising and awareness. She is one of four midwives of the Midwives' Cooperative in Gainesville, where she attends homebirths, encouraging pregnant moms to fulfill their greatest potential.

TRACIE GRIFFITH, R.N., B.S.N., R.N.C. N.I.C.

Tracie is a Gainesville area native who was the second in her family to be born into the arms of a midwife at The Birth Place of Gainesville. She graduated from Santa Fe College with an Associate
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of Science in Nursing and obtained her Bachelor of Science in Nursing from Grand Canyon University in 2013. She has worked as a neonatal intensive care nurse at UF Health for the last 11 years. Tracie and her husband of 10 years have four children, all born at the Birth Center of Gainesville. She joined the FSTM team in 2014 and is excited to continue to bring her knowledge and experiences to the program.

CORRIE J. GROSS, M.S., LMHC

Corrie earned her Master of Science in Psychology with a specialization in the areas of school testing, guidance and counseling, and mental health counseling from Capella University. She has over thirteen years of combined teaching and therapy experience. Her clientele range from severely abused children and adolescents to at-risk teens and their families. She is experienced in facilitating in-home therapy, outpatient clinics and private counseling agencies throughout the state. She provides holistic therapies through workshops on life transitions, women's empowerment, stress reduction, parenting obstacles, and compassion fatigue. Additionally, Corrie emphasizes positive living with mindfulness meditations.

SUSAN MARYNOWSKI, M.S.

Susan Marynowski (M.S.) grew up in north Florida. She holds degrees from UF in fine arts and wildlife ecology, with an emphasis in public education. Susan has a passionate interest in native plants and has been a perpetual student of the patterns of plants, people, and healing for over 20 years. She is a member of the American Herbalists Guild and has a small herbal practice in Gainesville. Susan has studied and mentored with Tieraona LowDog, Susun Weed, David Winston, Patricia Howell, Thomas Easley, and other esteemed herbalists. Susan is a land conservation and sustainability advocate and a volunteer steward at a natural burial ground. She hopes to live (and die) in a way that has less impact on the Earth that sustains us all. Susan teaches Nutrition for the Childbearing Year and Herb Workshop for FSTM.

MIRIAM PEARSON-MARTINEZ, A.S., L.M., C.P.M.

Miriam has been licensed by the State of Florida since 2003, and has received national certification as a professional midwife. Miriam has an Associate of Science degree in Midwifery from Miami Dade College. Additionally, she has attended birthing mothers at a busy clinic in the Honduras and worked in an emergency room in Ecuador. Miriam is certified as a doula and childbirth educator specializing in hypnosis for labor and birth. Her proudest professional accomplishment was working successfully in 2006 to restructure the Florida Midwifery Law. She is fluent in English, Spanish, and American Sign Language.

KRISTEN PHILLIPS, L.M., C.P.M.

Kristen graduated from the Florida School of Traditional Midwifery in the fall of 2010. She has worked in the administrative offices at FSTM since then, and is a midwife at the Birth & Wellness Center of Gainesville. She is married and has four amazing children all born into the hands of midwives. Kristen is dedicated to furthering the field of midwifery and passing on the traditional values and experiences that she has acquired throughout her journey.

MARIANNE POWER, R.N., L.M.

Marianne Power is a Florida Licensed Midwife, Certified Professional Midwife, and Registered Nurse with over 30 years of experience in nursing and midwifery combined. Her philosophy of pregnancy and birth has been shaped by her own birth experiences. Through education and midwifery care she was transformed by the birth of her three children. This path ultimately led to her midwifery career. Marianne has worked in a birth center and owns her own home birth practice. Marianne is teaching Fetal Monitoring at FSTM.

ALEX RAWSON

Alex is a Certified Lactation Counselor, was trained by DONA International as a doula, and by CAPPA as a childbirth educator. She is a WIC breastfeeding counselor for the tri-county region, as well as a birth doula. She has experience with birth practice, both in and out of the hospital setting. She enjoys working with women; supporting them through breastfeeding challenges and helping them achieve an optimal breastfeeding relationship with their child. She has two sons, one of whom she birthed at home with a local midwife.

KALEEN RICHARDS, C.N.M

Kaleen's midwifery journey began after reading Spiritual Midwifery by Ina May Gaskin in college. She is a CNM in Florida, and owns Tree of Life Birth and Gynecology Center. She feels my passion is divinely guided and is grateful for the educational path she has taken, which allows me to function as a health care provider in home birth, birth center, and hospital. She believes she is a protector of women during their birth process and honor choice for all. She has three amazing sons, two of whom were born at home with a local midwife. Kaleen teaches Suturing for Midwives at FSTM.

LORI SCOTT, M.D., R.N., B.S.N.

Lori received her Bachelor's in Nursing from Southern Adventist University, and her Doctor of Medicine from the University of South Carolina. She has experience in teaching Anatomy and Physiology and Human Nutrition at Florida Gateway College and Santa Fe College in the Nursing and Allied Health programs. She has worked in nursing in various hospitals throughout the south. Lori has one child, a son. At FSTM she teaches the medical science courses: anatomy and physiology, reproductive anatomy, pharmacology, and gynecology.

JESSICA STEVENSON, L.M., C.P.M.

Jessica was born at home and grew up hearing her parents talk appreciatively about the care they received from midwives. It was the tenderness of their accounts that led Jessica to pursue a career in midwifery. Jessica graduated from the FSTM in 2003. As a student, Jessica was able to intern in a maternity clinic in Cartagena, Colombia, which provided her with both high-risk experience and a stronger understanding, cross-culturally of the birth experience. She worked at FSTM as administrative assistant from 2000-2003. After 9 years of practicing as a midwife, Jessica gave birth to her son at home in 2012. She returned as an instructor in 2014.

CHARLIE RAE YOUNG, L.M., C.P.M, C.L.C

A Florida native, Charlie Rae was called to Midwifery after her own experience with the over-medicalized model of childbirth. She began her service as a doula by founding Barefoot Birth, and has worked as a strong advocate for better care for families alongside the Coalition for Improving Maternity Services, The Birth Survey, The Florida Council of Licensed Midwifery, and others. She has attended hundreds of births over the last 7 years, filling a niche with naturally-minded families as well as those who are often marginalized from conventional medical care due to social stigma. She has written for and been featured in SQUAT Birth Journal, Tampa Bay Times, Tampa Tribune, FOCUS Magazine, Radical Doula Blog, and been interviewed for the Tampa NBC Affiliate for her community project The Barefoot Bus--a fully mobile prenatal care unit operating under the easy access model of care. Charlie's belief is that every family deserves safe and quality care, and hopes to continue to build stronger communities through beautiful births. Charlie teaches Midwifery Practicum at FSTM.

FSTM BOARD OF DIRECTORS

Chairperson - Susan Nelson, ENP, CPM, is the Florida Sales Director for a firm specializing in public safety IT systems. Prior to that, she held the position of Alachua County Communications Bureau Chief and was an E-911 coordinator for over ten years. She also worked for an international environmental nonprofit. She has a bachelor's degree in organizational communication from the University of Colorado and is a FSU certified public manager. Susan has been an advocate of, and activist for, midwifery in the North Florida area for almost three decades.

Vice Chairperson - Heart Phoenix is a social justice, environmental and a peace activist who considers the birthing her five beautiful children naturally to be one of her greatest contributions. Throughout the country, she is an inspirational speaker and facilitator of personal and spiritual growth workshops and trainings. She believes that supporting women before, during and after the birth process empowers them and is an essential element in developing a more peaceful planet. She is the co-founder of the River Phoenix Center for Peacebuilding and has held several administrative positions at FSTM, Including Executive Director.

Kym Dalton, C.C.C.E., C.L.D., I.C.C.E, has been teaching and supporting women since 1994. She is the owner of Traditions of Love Childbirth Services, LLC where she provides private childbirth education, sex education, and labor doula services. She is also a professional speaker on these subjects and a national and international certified childbirth educator and labor doula trainer for CAPPA, (where she has been a member of since 2000 and is currently the Executive Director of Marketing).

Sylvia Paluzzi is the founder and Director of Morning Meadow Preschool and Kindergarten and Heart Pine Elementary and Middle School. She is an advocate for the education of young children in an imaginative and respectful manner. Sylvia is director of a marionette troupe, performing marionette shows for children in classrooms, festivals and hospitals settings. Sylvia was also the local president of Friends of the Midwives for ten years, an organization founded on the local level by Sylvia and the late founder of FSTM, Jana Borino. She has 3 sons, all born in the loving care of licensed midwives.

Kelly Bare

Kelly Bare is currently employed as a Senior Technical Accountant for AvMed Health Plans, one of Florida's oldest and largest not-for-profit health plans. Prior to joining AvMed, she was employed as an Auditor at Kattell and Company for over 5 years. During that time, she was assigned to audit the Florida School of Traditional Midwifery and did so for several years. Through this process, she not only became familiar with the School's financial matters, but also learned about the passion the employees and students have for the Midwifery profession. In addition, Kelly has also worked for public accounting firms and has over 20 years of business and accounting experience. She currently lives in Gainesville and has two children. She is excited to share her knowledge and offer assistance to the school in all areas of financial compliance.

ABOUT OUR PROGRAMS

The Florida School of Traditional Midwifery, Inc. curriculum was initially developed in the 1990s by a committee comprised of licensed midwives, certified nurse midwives, midwives trained through apprenticeship, consumers, and childbirth educators. Input was also received from a variety of midwifery educators across the country.

FSTM's curriculum adheres to the core competencies developed by both the Midwives Alliance of North America (MANA) and the American College of Nurse Midwives (ACNM), and is consistent with the curriculum framework developed by the Commission for Independent Education and the requirements of Florida law.

FSTM's programs are designed and taught within the framework of the Midwives Model of Care, with the belief that it is essential for experienced midwives to be intimately involved with the education of future midwives. Sharing the art of midwifery is one of the most vital components of a student's education.

In addition to technical skills and academic knowledge, our program cultivates the essential qualities of nurturing, intuition, compassion and strength. We have learned and borrowed from the experiences of generations of midwives. We have developed a special environment to nurture students as they become part of the next generation of midwives.

FSTM's faculty is comprised of licensed midwives, certified nurse midwives, PhDs, medical doctors, registered nurses, and other professionals. They are highly qualified in their fields and are highly motivated share their expertise with the midwifery community.

Our academic environment is designed with the adult learner in mind. Our process is both dynamic and interactive, involving a format of tutorial, discussion, and lecture. Research is facilitated and encouraged; opinions are shared and insights are validated.

Clinical experience is concurrent with academic coursework, giving relevance to factual material and evidence-based practice. We feel it is very important that students experience all types of practice settings, so each midwifery student will rotate through a variety of clinical sites during the training program. Our clinical sites are located throughout Florida and provide students with experience in homebirth practices, birth centers, clinics and observation in hospitals. Preceptors include Florida licensed midwives, certified nurse midwives, registered nurses and physicians who are licensed in Florida. Every care will be taken to place students in clinical sites near their home; however, some travel to clinical sites may be required.

EDUCATIONAL PROGRAMS OFFERED

Direct-Entry Midwifery Program

This program is designed to meet the educational needs of the student who comes to the Florida School of Traditional Midwifery with no prior midwifery or nursing education.

This Direct-Entry Program provides students with the academic and clinical learning experiences required for graduation pursuant to Florida's Midwifery Practice Act, Florida Administrative Code (FAC) 64B24, and requirements for national certification set by NARM.

The midwifery curriculum is 91 semester credits, totaling 2505 clock hours, and takes three to four years, depending on progression through clinical requirements. Students should be aware that the program has a lock-step course schedule for each semester, which means that enrollment each semester is dependent on successful completion of each preceding semester. Therefore, students who fail courses may have to wait a year until the course(s) are taught again.

The clinical requirements for completing the Direct-Entry Midwifery Program are defined by Chapter 467 Florida Statutes, FAC 64B24, NARM, and MEAC, and are subject to change at any time. Please refer to the clinical description section of this catalog for complete clinical requirements.

Upon graduation, midwifery students receive a diploma from FSTM and are eligible to sit for the NARM exam. Graduation requirements are described on page 22.

Upon passing the NARM exam, graduates are eligible to become Florida Licensed Midwives (LM) and Certified Professional Midwives (CPM).

Licensure By Endorsement Program

The Licensure by Endorsement Program is designed to prepare maternity care providers (usually midwives) credentialed in other states or other countries for licensure as Florida Licensed Midwives.

Course work is both academic and clinical, with a strong emphasis on the laws and rules that govern practice as a Florida Licensed Midwife (see page 14).

Applicants are required to have their credentials and midwifery education reviewed and approved by the state of Florida and Council of Licensed Midwifery prior to enrolling in the program. Please contact FSTM for more information.

Students completing the program receive a diploma from FSTM, and are prepared to sit for the NARM exam. Upon passing the NARM exam and completing the endorsement program, the graduate may file for licensure as a Florida Licensed Midwife and as a Certified Professional Midwife.

The clinical requirements for completing the Florida Licensure by Endorsement Program are defined by Chapter 467 Florida Statutes and FAC 64B24 and meet criteria for CPM certification by NARM. Requirements are subject to change at any time per regulatory agencies. Please refer to the clinical description section of this catalog for complete clinical requirements and contact the school for specific details.

Direct-Entry Midwifery Program Curriculum

| Year 1, Term 1 | | | Credit | Year 2, Term 3 | | | Credit |
|-----------------------------|--|--|-----------|--|------------------------------------|--|-----------|
| 1101 | Anatomy and Physiology I | | 3 | 2301 | Public Health | | 2 |
| 1101L | Anatomy and Physiology I Lab | | 1 | 2302 | Midwifery Practicum IIC | | 1 |
| 1102 | Student Success | | 1 | 2303 | Pharmacology | | 2 |
| 1103 | Healthcare Skills I | | 1 | 2304 | Traditional Healing Modalities II | | 1 |
| 1103L | Healthcare Skills I Lab | | 1 | 2300CL | Clinical Lab | | 3 |
| 1104 | Research Evaluation | | 1 | Total Credits | | | 9 |
| 1105 | History of Midwifery | | 1 | YEAR 2 TOTAL CREDITS | | | 34 |
| 1106 | Basic Communication Skills | | 1 | | | | |
| 1107 | Florida Law and Rule | | 1 | | | | |
| Total Credits | | | 11 | | | | |
| Year 1, Term 2 | | | Credit | YEAR 3 | | | |
| 1201 | Anatomy and Physiology II | | 1 | Year 3, Term 1 | | | Credit |
| 1201L | Anatomy and Physiology II Lab | | 2 | 3101 | Gynecology and Women's Health | | 2 |
| 1202 | Midwifery Practicum IA (Protocol Prep) | | 1 | 3102 | Writing Protocols | | 1 |
| 1203 | Healthcare Skills II | | 2 | 3103 | NARM Review | | 1 |
| 1203L | Healthcare Skills II Lab | | 1 | 3104 | Collaborative Management | | 1 |
| 1204 | Female Sexuality for Midwives | | 2 | 3100CL | Clinical Lab | | 4 |
| 1205 | Breastfeeding | | 2 | Total Credits | | | 9 |
| 1200CL | Clinical Lab | | 1 | | | | |
| Total Credits | | | 12 | Year 3, Term 2 | | | Credit |
| Year 1, Term 3 | | | Credit | 3201 | Establishing/Maintaining Practice | | 2 |
| 1301 | Reproductive A&P | | 3 | 3202 | Clinical Skills Practicum | | 1 |
| 1301L | Reproductive A&P Lab | | 1 | 3203 | Traditional Healing Modalities III | | 1 |
| 1302 | Midwifery Practicum IB | | 1 | 3204 | Issues in Professional Midwifery | | 1 |
| 1303 | Antepartum | | 3 | 3200CL | Clinical Lab | | 4 |
| 1304 | Traditional Healing Modalities I | | 1 | Total Credits | | | 9 |
| 1305 | Diagnostic Testing | | 1 | | | | |
| 1306 | Interpersonal Communication Skills | | 1 | Year 3, Term 3 | | | Credit |
| 1300CL | Clinical Lab | | 1 | 3300CL | Clinical Lab | | 4 |
| Total Credits | | | 12 | Total Credits | | | 4 |
| YEAR 1 TOTAL CREDITS | | | 35 | YEAR 3 TOTAL CREDITS | | | 22 |
| Year 2, Term 1 | | | Credits | General Program Requirements: Total Program Contact Hours: 2505 Semester Credit Conversion Ratio: Theory: 15:1 Theory Lab: 30:1 Clinical Lab: 60:1 Theory: 915 Theory Lab: 210 Clinical Lab: 1380 | | | |
| 2101 | Nutrition for the Childbearing Year | | 2 | | | | |
| 2102 | Midwifery Practicum IIA | | 1 | Total Program Credits 91 Semester Credits Cost per Credit: \$364.00* Total Program Cost: \$33,124.00 | | | |
| 2103 | Intrapartum | | 3 | | | | |
| 2104 | Fetal Monitoring | | 1 | Clinical Requirements** Total Clinical Credits: 23*** Prenatal Exams: 80 Initial Prenatal Exams: 23 Birth Observations: 30 Birth Managements: 50 Postpartum Exams: 50 Newborn Exams: 50 Continuity of Care: 15 | | | |
| 2105 | Psychology for Midwives | | 2 | | | | |
| 2106 | Professional Communication Skills | | 1 | | | | |
| 2100CL | Clinical Lab | | 3 | | | | |
| Total Credits | | | 13 | | | | |
| Year 2, Term 2 | | | Credit | | | | |
| 2201 | Microbiology for Midwives | | 2 | | | | |
| 2201L | Microbiology for Midwives Lab | | 1 | | | | |
| 2202 | Midwifery Practicum IIB | | 1 | | | | |
| 2203 | Postpartum | | 1 | | | | |
| 2204 | Suturing for Midwives | | 1 | | | | |
| 2205 | Herb Workshop | | 1 | | | | |
| 2206 | Newborn | | 2 | | | | |
| 2200CL | Clinical Lab | | 3 | | | | |
| Total Credits | | | 12 | | | | |

*All program credit, clock hours, tuition, and fees are subject to change. Average anticipated tuition increase is 4% per academic year.

**The requirements meet or exceed all mandates as defined by the Chapter 467 Florida Statutes, NARM and MEAC, and are subject to change at any time.

***Students register for Clinical Lab using course codes 4100CL, 4200CL, 4300CL until all clinical requirements have been met.

****Course numbers are based on the year and term the course is offered, followed by a two number course code

Licensure By Endorsement Curriculum

LICENSURE BY ENDORSEMENT PROGRAM

The Florida Licensure by Endorsement (LBE) program is designed to enable midwives from other states or other countries for licensure as Florida Licensed Midwives. This program focuses on the art of Home and Birth Center Maternity care, equipping students with the knowledge and skills necessary to be safe, independent practitioners. Course work is both academic and clinical, with a strong emphasis on the laws and rules that govern practice as a Florida Licensed Midwife.

- *Applicants are required to have their credentials and midwifery education reviewed and approved by the Florida Department of Health / Council of Licensed Midwifery prior to applying to the program.*
- *Students completing the program receive a Diploma from FSTM, and are prepared to sit for the Florida Licensing Exam/North American Registry of Midwives (NARM) exam.*
- *Upon passing the NARM exam and completing the endorsement program, the graduate may file for licensure as a Florida Licensed Midwife and certification as a Certified Professional Midwife.*

LBE Curriculum Sample*:

| Courses | Semester Credits |
|--------------------------------|------------------|
| 1107 Florida Law and Rule | 1 |
| Midwifery Electives | 5 |
| 3102 Writing Protocols | 1 |
| 3202 Clinical Skills Practicum | 1 |
| 3103 NARM Review | 1 |
| 5100 CL Clinical Lab | 6 |
| Total | 15 |

Credit Conversion Formula:

15:1 Theory, 30:1 Lab, 60:1

Actual Contact Hours:

Theory: 135; Theory Lab: 360; Clinical Lab: 360

****LBE Curriculum is variable and depends on the Applicant's individual academic needs, course availability in a given semester and administrative approval. Class prerequisites are listed in individual course descriptions.***

Timeframe for Completion

Most students complete this program within two to three semesters of enrollment. However, some students will need further semesters of academic work to make up deficiencies identified in evaluation, and some may need more time to complete clinical requirements. The need for more time to complete clinical requirements depends on preceptor availability, out-of-hospital birth rates in the student's area and the student's personal choices and circumstances throughout the program.

Costs of LBE Program

An enrollment fee of \$200 will be required at the time of enrollment in a program of study. The Licensure by Endorsement Program includes 15 credit hours at \$364.00 per credit hour. There is a student professional liability insurance cost of \$225.00 per year and a one-time FSTM technology fee of \$200.00.

The cost of the LBE Program is projected to be \$5,860.00 based on the sample outlined here.

Students are responsible for the purchase of course supplies, books, and travel, as well as room and board while at clinical sites. Tuition and fees are due at the time of registration unless a payment plan has been arranged with the Finance Director. Fees are subject to change.

Midwifery Clinical Lab Hours

We honor that each woman's birth experience is unique. Given this, the exact number of hours required to attend the mandated number of birth experiences cannot be determined. Students must understand that Intra-partum hours (time spent at a birth) may be in addition to clinical hours listed in the curriculum.

Clinical Requirements

- *25 Supervised Prenatal Examinations (5 Assist & 20 Primary)*
- *10 Supervised Births as primary midwife in an out- of-hospital setting.*
- *5 full, continuity of care cases, attend 5 prenatal exams spanning 2 trimesters, primary birth, 1 newborn exam, 2 postpartum exams*

ACADEMIC CALENDAR 2015-2017

Fall 2015 Term: September-December 2015

August 4-6.....Registration for Fall
 September 3.....Semester Begins
 September 17.....Drop/Add Ends
 November 2.....Last day to Withdraw and receive a
 November 23-27.....Fall Break
 December 18.....Last Day of Fall Term

Spring 2016 Term: January-April 2016

December 8-10.....Registration for Spring Term
 December 31.....Semester Begins
 January 14.....Drop/Add Ends
 March 10.....Last day to withdraw and receive a "W"
 February 29-March 4.....Spring Break
 April 15.....Last Day of Spring Term

Summer 2016 Term: May-August

April 5-7.....Registration for Summer
 April 28.....Semester Begins
 May.....Drop/Add Ends
 June 27.....Last day to Withdraw and receive a
 July 4-8.....Summer Break
 August 12.....Last Day of Summer Term

Fall 2016 Term: September-December 2016

August 2-4.....Registration for Fall Term
 September 1.....Semester Begins
 September 15.....Drop/Add Ends
 October 31.....Last day to withdraw and receive a "W"
 November 21-.....Fall Break
 December 16.....Last Day of Fall Term

Spring 2017 Term: January-April 2017

December 6-8.....Registration for Spring Term
 December 29.....Semester Begins
 January 12.....Drop/Add Ends
 March 7.....Last day to withdraw and receive a "W"
 February 28-March 3.....Spring Break
 April 14.....Last Day of Spring Term

Summer 2017 Term: May-August

April 4-6.....Registration for Summer
 April 27.....Semester Begins
 May.....Drop/Add Ends
 June 26.....Last day to Withdraw and receive a
 July 3-7.....Summer Break
 August 11.....Last Day of Summer Term

STUDENT AFFAIRS / STUDENT LIFE

Location and Facilities

The Florida School of Traditional Midwifery (FSTM) is located in the historic Howard-Kelley House, which was built in 1883. The house was restored under the expert supervision of Mary Barrow and received the Florida Trust for Historic Preservation Adaptive Use Award for the State of Florida in 1987. Dr. Mark Barrow, a retired cardiologist, and his wife Mary, were delighted to assist the Florida School of Traditional Midwifery with the purchase of the mansion for use as a midwifery school and birth center in the spring of 2004.

This charming Victorian mansion is the perfect backdrop for midwifery in North Central Florida. We are proud to hold our courses in a structure that not only has ample space and beauty but a local history that will now remain preserved indefinitely.

We have multiple classrooms equipped with audiovisual capabilities, a spacious student lounge and kitchen facility, a student library and quiet study room, a student computer lab/printing room, a mock exam room, a wrap-around porch for outdoor enjoyment, and several administrative offices. Students may reference all books, journals, and audiovisual materials from our library collection and have access to the learning lab, which is complete with models, charts and dolls for practice and personal study or research.

We feel that our unique facilities help to foster a comfortable, yet challenging atmosphere in which students may learn and flourish as future midwives.

ADMISSIONS

Advanced Standing and Transfer of Credit

FSTM does not accept transfer of credit; however, Advanced Standing may be granted for students with relevant prior education. As mandated in Florida Statute 467 (F.S.467), previous student education will be assessed on an individual basis, but “in no case shall the training be reduced to a period of less than 2 years” (F.S.467.009 [2]).

For Academic Year 15-16 Registered Nurses (RN) with a current Florida license are awarded 17 hours of credit automatically. This policy is subject to change with academic years. The courses automatically granted for Advanced Standing are

- 1101/1101L Anatomy and Physiology/Lab
- 1201/1201L Anatomy and Physiology/Lab
- 1103/1103L Healthcare Skills I/Lab
- 1203/1203L Healthcare Skills II/Lab
- 2201/2201L Microbiology/Lab
- 2303 Pharmacology

Advanced Standing credits awarded will not count toward the maximum timeframe for completing the program. Request for Advanced Standing is granted **ONLY** at the time of submitting an application to the program. It will be the student's responsibility to provide FSTM with all official transcripts or documents required for evaluations of Advanced Standing requests in a timely manner.

Upon acceptance into the program the Academic Director will conduct a review of the Advanced Standing request. A non-refundable fee of \$25.00 per FSTM credit of Advanced Standing **requested** will be collected prior to the assessment of credits. The applicant may also be required to complete and pass a competency exam, as required by FSTM. If Advanced Standing is granted, both educational credits and tuition costs will be reduced proportionately.

Prerequisites, Application, and Enrollment

In accordance with Florida Statute 467 (F.S.467) and FSTM Policies, prior to enrollment prospective students must:

- Be 18 years of age or older
- Hold a high school diploma or its equivalent
- Have taken and received a passing grade in a college-level Math class worth 3 credits and a college level English class worth 3 credits OR demonstrate competencies by passing the College Level Equivalent Proficiency (CLEP) with a score of 40 or higher
- Have completed a doula training within the last two years, or have current doula certification

FSTM requires that prospective students:

- Submit a completed application (available on the website)
- Submit a \$75 application fee
- Complete an interview with our admissions committee
- Upon acceptance, students must submit a \$200 enrollment fee with the completed enrollment agreement.

Returning Military Service Member

FSTM will readmit any military service members returning from active duty who withdrew or took a leave of absence in order to fulfill military duty. The student will be promptly readmitted as soon as in-sequence courses are available. The student will be readmitted to the same program, at the same enrollment status, with the same number of completed credits, and with the same academic standing. The student will be assessed the same tuition and fee charges that would have applied in the year the student left the program, or the same as other current students if VA or other benefits will cover the difference.

If service members returning to school require assistance to prepare to return to the program, FSTM will make every effort to help the student to prepare. If more than 2 years have elapsed since the student left the program, the student will be required to repeat any core classes or other course material deemed necessary to successful continuation in the program. In this case, the student will be required to attend the class but will not be charged tuition or fees. Course material or clinical experience that needs to be reviewed or repeated will be assessed on a case-by-case basis.

In order to qualify for readmission, the student must have given advance oral or written notice before leaving the program and must submit written notice of intent to return to the program. Notice of intent to return must be submitted no later than three years after completion of service, and no later than two years after recovery from service-related illness or injury. If more than five years have elapsed since the student left the program she or he may need to reapply for the midwifery program.

Advisement, Counseling and Placement

Academic Advisement

The Academic Director is responsible for academic advisement when the need arises for students. Academic advisement topics range from maintaining satisfactory academic progress to reducing barriers in student success and study skills. Other topics may be covered as needed by the personal circumstances of the student.

Clinical Advisement and Job Placement

The Clinical Director is responsible for clinical advisement, counseling, and job placement services upon successful completion of the program. Job placement services include communicating resources to students as needed, and well as providing guidance and counseling to new graduates about job opportunities.

Financial Aid Advisement

The Financial Aid Coordinator is responsible for financial aid advisement to include but not be limited to the initiation of the Free Application for Federal Student Aid (FAFSA); the need for entrance and exit counseling; discussions of the expected family contribution (EFC), and Student Aid Report (SAR); scholarship opportunities when applicable; grant opportunities; paying out-of-pocket for school; and other topics as needed. The Financial Aid Coordinator meets with every student during registration to encourage an understanding of student loans and their repayment schedules as needed.

Personal Advisement

The Academic Director, Clinical Director, and Executive Director are responsible for the provision of personal advisement when needed or necessary for student personal health and well-being. All three provide resources as needed for students to seek counseling/stabilization. If needed, students can be referred to Corrie Gross, LMHC, who is on faculty to provide additional resources to free or sliding scale mental health providers.

ACADEMIC AND ADMINISTRATIVE POLICIES

Academic Probation Policy

Any student whose grade point average falls below 2.5 or who fails to successfully complete 67% of cumulative attempted credits will be placed on academic probation. Students will remain on academic probation for one semester and will be eligible for Federal Financial Aid during that period under Financial Aid Warning (see below). Probation will be lifted once the student completes the within Satisfactory Academic Progress Standards (see Grading Policy) for both qualitative (grade average) and quantitative (rate of completion of credits) measures. Students on academic probation will be required to meet with the Academic Director at the beginning and middle of each term that they are on probation.

Academic Honesty Policy

FSTM students are expected to act with integrity and honesty in all of their academic and clinical pursuits. Students, faculty, preceptors, and administration are expected to report any and all suspicions of dishonesty to the class instructor, Academic Director, or Clinical Director. Violations of academic honesty include but are not limited to:

- Ethical Behavior: Students should endeavor to interact with clients, midwives, and others in an ethical manner. Continued or blatant disregard of professional ethics may be grounds for dismissal. The MANA Statement of Values and Ethics provides guidance for professional conduct in the practice of midwifery, including midwifery students. Also included in ethical behavior is an expectation that students will not engage in theft or dishonest behavior.
- Cheating: Students are expected to complete their own work. Examples of cheating include, but are not limited to, copying written homework assignments from another student, copying from another student's paper during an in-class exam or looking at textbook or notes during an exam when not specifically permitted by the instructor.
- Plagiarism: The representation of someone else's work as one's own. This includes published or unpublished work, the work of another student. Plagiarism includes, but is not limited to, quoting oral or written materials without citation on any written or oral assignments, submitting a research paper or other written assignment that was not written by the student (including papers purchased from a service, obtained on the Internet or obtained from another student).
- Misrepresentation: Any act or omission with intent to deceive an instructor for academic or clinical advantage is prohibited. Misrepresentation includes lying to an instructor, lying or misrepresenting facts when confronted with an allegation of academic dishonesty. It also includes misleading preceptors or the Clinical Director regarding clinical experience or falsifying clinical documents.
- Professionalism: Students should act professionally in dress, speech, and demeanor (see Appendix for specific information). Public opinion of midwifery and related professions is shaped through impressions of individual practitioners and students. Common sense standards of behavior and appearance are expected of FSTM students. Care providers are sensitive to the impression clients receive from students associated with their practices. A student's failure to meet behavioral expectations could result in dismissal from a preceptor site or from the program.

Violations of the academic honesty policy will be handled in the following manner:

1. For the first offense, the instructor should inform the Academic Director or Clinical Director. When appropriate, a meeting will be held with the student. If it is determined that a violation has occurred, a Performance Review will be held, and the student may be placed on probation. Depending on the severity of the offense, including blatant violations of the MANA Statement of Values and Ethics (full statement found in Appendix), FSTM reserves the right to dismiss a student from the program without offering a probationary period.
2. A subsequent violation during the probationary period will result in dismissal from the program.

Appeal Policy

Students who are not meeting the minimum academic standards of progress may appeal this determination due to mitigating or unusual circumstances.

- An academic appeal must include the reason that the student failed to meet Standards of Satisfactory Academic Progress (SAP), as well as evidence or explanation of what changes have been made that will allow the student to meet SAP in the following term.
- The length of appeal granted for mitigating circumstances will be determined by the Academic and Executive Directors at the time of the initial appeal, but will not exceed one year. Regarding granted appeals for not meeting Standards of Academic Progress, students will be eligible for Title IV aid throughout the length of their appeal.
- Two copies of the petition must be submitted in writing and delivered to the FSTM office either in person or by certified mail. It must be clearly titled "petition," and must be signed by the petitioner.
- One copy of the petition will be submitted to the appropriate director (Academic, Clinical or Financial), and one copy will be submitted to the Executive Director.
- The petition will be reviewed by the Directors described above. All parties will be informed as to the date; time and place the petition will be discussed and may be required to attend. The Administration will make a decision within 30 days of reviewing the petition.

If the original petition is not resolved to the student's satisfaction, the student may make an appeal directly to the Board of Directors. The Board will then review the petition at the next meeting; meetings are held monthly. The student petitioner, faculty, and or staff member referenced in the petition may be asked to attend the meeting. A decision will be made at that Board meeting and all parties will be informed. If a decision by the Board of Directors does not adequately resolve the situation to the satisfaction of the student, FSTM's accrediting agency may be contacted.

*Midwifery Education Accreditation Council
1935 Pauline Blvd., Ste. 100B
Ann Arbor, MI 48103
www.meacschools.org*

Attendance Policy

Students may not attend classes at FSTM unless they have registered and made payment arrangements for the term. Students who do not attend at least one of the first two meetings of a class or clinical experience may be dropped from the course in accordance with the course drop/add policy.

Types of Absences:

1. Excused absences may be granted by FSTM administration. This absence is without grade penalty, provided that the student requests make-up work from the instructor and completes that work. The student may be required to submit written, verifiable documentation of the reason for the absence at the discretion of FSTM administration or faculty. Possible examples of excused absences include:
 - Illness of the student or a member of the student's immediate family
 - Death in the student's immediate family
 - Religious holidays, provided that advance notice was provided to FSTM and the student's instructor(s)
2. Discretionary absences:
 - Students are permitted to miss up to two hours of class per credit hour of a course each semester.
 - This absence is without grade penalty, provided that the student requests make-up work from the instructor and completes that work.
 - The number of hours permitted for discretionary absences is ultimately left up to the professional discretion of the course instructor and should be noted in the course syllabus.
3. Unexcused absences are those that meet any of the following criteria:
 - Absence from class beyond the time permitted for a discretionary absence
 - Excused absence for which written documentation is requested by FSTM administration or instructor, but not provided by the student
 - All other absences that are not in adherence with one of the following FSTM attendance policies:
 - Discretionary absences
 - Excused absences
4. Birth-related absences:
 - Only applicable for students in Year 1, Term 2 or beyond who are also enrolled and actively engaged in Clinical Lab.
 - See the "Birth-Related Absence Policy" in Clinical Policies & Procedures section of the catalog.

Auditing Courses Policy

Students may audit certain courses when space is available. Students wishing to audit a course must obtain instructor and administrative approval and register for the course during regular registration. There is no credit given for a course that has been audited, and a grade of "X" will be assigned. Students who register to audit are expected to attend

class and fully participate in the course, except on test days. In order to audit any course, necessary prerequisites must be met. To change from a grade to an audit, students must apply in writing within the first two weeks of the course.

Provided that above guidelines are followed, a student may audit a class free of charge if the student has already taken, passed and paid in full for the course. A student who first audits a class must pay full price for the class if she or he chooses to take it for a grade a second time.

Conditions for Dismissal (Termination) Policy

A student may be dismissed for any of the following reasons:

- Failure to meet minimum standards for academic or clinical progress after a probationary period or clinical requirements.
- Failing 3 or more classes throughout the entire midwifery program.
- Failure to correct violations after notification by the Academic Director and/or the Clinical Director.
- Failure to adhere to the FSTM Policies and Procedures.
- Failure to meet financial commitments.
- Failure to attend birth when on-call (see clinical section).
- Violating HIPAA guidelines.
- Dismissal from two or more clinical sites due to poor performance or behavior.
- Failing Clinical Skills Exam more than once.
- Attending classes or clinical experience under the influence of alcohol or drugs.
- Failure to correct behaviors identified at Performance Review.

Disciplinary Policy

When a student is found to be in violation of FSTM Policies and Procedures, the following actions will be taken:

- The Academic or Clinical Director will give a verbal and written notification of the violation(s) to the student.
- If the violation continues, the student will meet with a disciplinary committee comprised of the Academic or Clinical Director, the faculty member involved, if any, and another FSTM Director. A probationary period may be assigned.
- If the problem has not been remedied by the end of the probationary period, the student will be dismissed from the program.

Dismissal and Re-Admission Policy

When a student is dismissed, the student will meet with the Academic Director and/or Clinical Director to discuss the reason for dismissal and options for readmission. A specific plan for readmission will be established depending on the reasons for dismissal. Students who are dismissed for financial indebtedness may be allowed to reenter the program when the debt has been resolved.

Students who are dismissed for academic or clinical failure may apply for readmission one full year after the date of dismissal. Students who wish to reenter school after dismissal must make a request in writing to the Executive Director. She or he must

provide evidence of having remedied academic or clinical problems and indicate promise of successful performance.

Readmission is at the discretion of the Academic, Clinical and Executive Directors. Students will be notified of status in writing, by mail. The student should expect to repeat the entrance procedure before being readmitted. Upon readmission following dismissal for academic failure, students will be placed on Academic or Clinical Probation, may be eligible for Title IV aid, and thus will have one semester to meet Standards of Satisfactory Progress; academic or clinical failure in that semester will result in permanent dismissal from the program. Students who are dismissed are not entitled to refunds.

Students who are dismissed for cheating, plagiarism, theft, alcohol or drug abuse, violence, HIPAA violations or any other behavior that may be harmful to the learning environment or reputation of FSTM and/or would endanger the safety or well-being of any person, the school, preceptor site or anyone present at a birth will not be readmitted.

Formal Complaints & Grievances

If you wish to make a formal complaint or grievance, you must submit a formal complaint in writing to the Executive Director.

- The Executive Director will review the complaint and determine its validity and gravity through as much investigation as is required.
- Investigation often means contacting the student for more details and then discussing the complaint with persons directly involved.
- The Executive Director will mediate complaint resolution and will address formal complaints no later than 60 days after receipt.

If the student feels a sufficient resolution to the grievance or complaint is not reached through mediation, the student may make written grievance to the Board of Directors. The Board will consider the complaint at the next Board Meeting. Complaints and their resolutions will be logged in FSTM's Formal Complaint File, which is held for seven years. No discrimination or harassment of a student who has submitted a formal complaint will be tolerated.

If you feel that your complaints concerning your education were not resolved adequately by FSTM, you may contact the Commission for Independent Education or the Midwifery Education Accreditation Council. They will act on all written and signed complaints. Please direct your concerns to either or both of these agencies:

*Samuel Ferguson
Executive Director
Commission for Independent Education
325 W. Gaines St, Suite 1414
Tallahassee, FL. 32399-0400*

*Midwifery Education Accreditation Council
1935 Pauline Blvd., Ste. 100B
Ann Arbor, MI 48103*

Performance Review

Student midwives at FSTM may undergo a yearly performance review. This review will be conducted by the Academic Director and at least one of the following: Executive Director,

Clinical Director and/or Members of the faculty. The purpose of the review is to evaluate the student's academic standing, clinical skills and professionalism. Failure to receive a favorable review may result in the dismissal from the program, probation or denial of placement at preceptor sites until such time as a favorable review is obtained.

Criteria for the Performance Review include, but are not limited to, the following areas:

- Academic or Clinical Probation/Warning due to unsatisfactory academic or clinical performance.
- Proper respect for the birth setting, birthing women and their families
- Maintaining confidentiality according to HIPAA guidelines
- Timeliness in Academic and Clinical settings
- Respect toward preceptors, faculty, fellow students, staff and clients
- Appropriate behavior while at clinical sites including following preceptor guidelines
- Inadequate demonstration of skills
- Follow-through on commitments and projects
- Sobriety when on call, in class or in any student midwife capacity
- Sound judgment, including performing only authorized procedures
- Positive and professional attitude
- Appropriate attire and hygiene at births, in clinic and while carrying out professional duties
- Appropriate communication to collaborative care practitioners

The Performance Review is not an event that requires specific preparation on the part of the student. The review covers the student midwife's behaviors and attitudes with respect to the school and the practice of midwifery. To insure a positive review, the best preparation is for the student to honor all obligations, in a timely manner, with a professional attitude.

Class Break Policy

Department of Education Rule: For each 60 minute hour of class time students will receive 50 minutes of instruction in the presence of an instructor and 10 minutes of break.

Course Drop/Add Policy

The drop/add period for all classes will be the first two weeks of the semester. Students may drop or register for additional classes during this period without academic or financial penalty. If a student drops a regularly scheduled course after the drop/add period but before the last day to withdraw, she or he will receive a grade of "W" and will not be eligible for tuition refund.

To drop or add a course, students must:

- Obtain approval from the Academic Director for dropping or adding a course.
- Complete a drop/add form, available from the on Sycamore Campus.
- The approved drop/add form must be submitted electronically to the administrative office by the end of the drop/add period.

Course or Program Cancellation Policy

The Florida School of Traditional Midwifery, Inc. reserves the right to cancel or postpone a class or program for any reason at its sole discretion, including insufficient student enrollment. FSTM administration will, however, attempt to make cancellation decisions well in advance of the beginning date of class and will further strive to honor commitments made to any students already enrolled in a particular program. If the school elects to cancel classes or programs, enrolled students are credited a 100% of tuition and fees paid for the class or program.

Course Withdraw Policy

A student may withdraw from a class and receive a grade of “W” under the following conditions:

- A grade of “W” can be assigned until the Last Date to Withdraw and Receive a “W” for the semester. After that date, if a student stops attending class, a grade of “F” will be assigned.
- To receive a grade of “W,” the student must meet with the Academic Director, Clinical Director, and (if receiving Title IV funding) the Financial Aid Coordinator prior to the Last Date to Withdraw.
- If the Withdrawal is approved, the student will be notified and a grade of “W” will appear on the transcript.
- If the course is a prerequisite to another course, the student may not register for the subsequent course until a passing grade is on record.
- The semester in which a student withdraws from a course will be counted toward the maximum time frame of 6 years unless the student does so during the drop/add period.
- Refunds are not given for Course Withdraws.

Email Policy

FSTM students are given unique email addresses at the start of their program. These emails are not to be used, sold, or shared with any entity outside of FSTM, and we protect our student's privacy at all times. These email addresses are solely for official use by FSTM faculty, student, and staff.

Failing and Repeating a Course

Students may only repeat a course if the initial attempt resulted in a failing grade. When a student fails a course she or he may be required to attend a Performance Review and put on Academic Probation. All courses with failing grades must be repeated for a passing grade. In the event that a student fails a course, the student may be required to enroll at less than full time until the course can be repeated to ensure that all prerequisites are met. Failing then repeating a course will not extend the maximum time frame. Students must repeat any failed courses the next time they are offered, which is usually one year following the initial attempt. Both attempts will be recorded on the student's final transcript and will be calculated in the cumulative GPA.

The school will make every attempt to provide referrals for appropriate private tutoring for students who are experiencing academic challenge.

Failure to pass a course on a second attempt may result in dismissal. Students who fail three (3) or more classes throughout the course of the entire program may be dismissed.

Grading Policy

GPA is calculated using a point system. A and A+ are given 4 points per credit of the course, B+ receives 3.3 points, B receives 3, C receives 2, and F receives 0 points. The total is divided by the number of credits attempted, and the result is the GPA. Students' academic performance will be graded on the following scale:

| Grading Scale | |
|----------------------|-------------|
| A+ | 100% |
| A | 90-99% |
| B+ | 87-89% |
| B | 80-86% |
| C | 75-79% |
| F | 0-74% |
| I | Incomplete |
| W | Withdrawn |
| IP | In Progress |

Academic Standing

- **Honors:** Student has earned all A's
- **In Good Standing:** Student has earned C's or better
- **Academic Warning:** Student has failed 1 or more classes
- **Academic Probation:** Student not making satisfactory academic progress
- **SAP - Standards of Academic Progress:** To meet SAP, student must maintain a cumulative GPA of 2.50 or higher AND successfully complete 67% of attempted credits each semester

Students receive their grades directly from instructors via Sycamore Campus within their course homepages. Upon completion of the term, grades are automatically populated within the student transcript. Students can access their progress through the Sycamore Campus system.

Incomplete Policy

Incompletes are given at the discretion of the instructor and the Academic Director. A student must offer a compelling reason for the request and a plan for completing the course work. At least 80% of the course work must have been completed at the time of the request. An "I" will appear on the grade report until the instructor submits a final grade. If the course is a prerequisite for another course, the student may only register for the subsequent course with permission from both the Academic Director and the Executive Director. A grade of "I" will not be factored into the GPA because no credit has been earned before a grade has been issued. Students must complete the course work by the end of the following semester or the given deadline set by the Academic Director, or an "F" will automatically become the final grade.

Leave of Absence

A student may request a Leave of Absence (LOA), if necessary.

- A request must be submitted in writing to the Academic Director describing the reasons for the request and an estimated date of return. All tests, assignments and clinical work must be made up on a schedule approved by the faculty.
- A leave of absence may be requested for no less than one term, and no more than one year during the entire program. In order to be considered for an approved leave of absence a student must:
 - Be in good academic standing with no “Incompletes” pending
 - Be current in all financial obligations to the school
- To ensure continuity and logical progression in the student’s studies, it may be necessary for a student returning from a Leave of Absence to enroll on a less-than-full-time basis if the core midwifery courses are being taught only once each year.

Students Returning from Leave of Absence or Program Withdrawal

Students who return to FSTM following a leave of absence or withdrawal from the program will be able to retain credit for classes completed previously at FSTM as long as the classes were taken within the following time frames:

- Core Classes – Two Years
- Science Classes – Five Years
- All Other Classes – Seven Years

If a student returns to FSTM beyond the time frames listed above, they will need to retake any corresponding courses to earn a new grade and receive credit. For example, if a student returns to FSTM after a four-year leave of absence, the student would need to retake any core classes but could retain credit for their science classes and any other classes taken.

If a student returns to FSTM and does not need to retake any classes for credit based on the aforementioned time frames, the student may be given the option to audit classes, pending instructor and administration approval, if the student would benefit from a review of the course material.

Non-Matriculating Student Policy

Non-matriculating students must fill out a non-matriculating student agreement and pay an enrollment fee of \$30 per term. They will be billed full tuition for all classes taken. Not all courses are open to non-matriculating students.

Prerequisites Policy

Course prerequisites are listed with individual course descriptions. Course prerequisites are required to be satisfied before moving forward to subsequent courses in the program.

Research Requirement

The following courses carry a research requirement:

Antepartum, Intrapartum, Issues in Professional Midwifery, Female Sexuality for

Midwives, Nutrition, Psychology for Midwives, Public Health and Reproductive Anatomy and Physiology.

Students will learn the valuable skill of gathering and synthesizing information to present either in oral or written form. In each of the above classes, instructors assign either a research paper of at least 5 pages or a research-based presentation and all research assignments are required to be in correct JAMA Format according to the most recent APA Guidelines and Standards. Students will turn in a bibliography for each research assignment that includes referenced journals and texts in JAMA Format.

Scheduling and Class Hours

A current schedule of classroom hours for each term will be available 3-4 weeks prior to the beginning of classes. Scheduling at clinical sites will be done in collaboration with FSTM, the student, and the clinical sites.

Withheld Grades

The school will withhold grade reports and transcripts if a student has outstanding debts to FSTM, which can include administrative file forms and/or any unpaid balance on her or his account.

Non-Discrimination Policy

The Florida School of Traditional Midwifery (FSTM) does not discriminate on the basis of age, race, color, national and ethnic origin, sexual orientation, gender, disability, marital status and/or religion; FSTM grants to all the rights, privileges, programs and activities generally accorded or made available to any members of the organization.

CLINICAL POLICIES & PROCEDURES

Birth-Related Absence Policy

Students are required to be off-call for all FSTM classes. Birth-related absences occur when an on-call student attending a birth is prevented from going to class.

- Students must be in Year 1 Term 2 or beyond and enrolled in Clinical Lab.
- Students will be granted up to two clock hours for each credit hour of a theory course and up to four clock hours of a lab course missed for birth-related absences each semester.
- Any additional birth-related absences will be considered unexcused absences.
- It is the student's responsibility to inform each instructor of the birth-related absence before the start of each class missed, by telephone or email (when at all possible – allowing for actual attendance at the birth).
- If at all possible students are encouraged to notify instructors in advance through one of the following methods:
 - Speaking with the instructor in person or via a phone call
 - Sending an email and receiving a response from the instructor
 - Simply leaving a voice message or sending an email is not considered contacting the instructor. If the student is unable to reach the instructor through either of the methods stated above, the student must contact the

Academic Director or Clinical Director.

- Any missed course work is expected to be made up in a timely manner. Some missed work may be unable to be made up, at the instructor's discretion.
- The student is responsible for submitting to each instructor of a missed class documentation via a "Birth-Related Absence Form", including
 - The Preceptor's signature
 - The date and time of the birth
 - The date and times the student was in attendance at the birth

Challenges in the Clinical Site Policy

Students and Preceptors have a right to mediation should a problem arise. Mediation is available through the school. Please notify the Clinical Director within 24 hours if a dispute has occurred. In the event that disagreements or problems regarding behavior or clinical performance are not resolved, the preceptor has the right to direct the school to withdraw a student from the preceptor site.

- If a student refuses to attend a birth while on-call, they may be placed on Clinical Probation and be immediately dismissed or suspended from their current Clinical Site. This may result in a failing grade in Clinical Lab or dismissal from FSTM.
- If a student is dismissed from their Clinical Site due to poor performance, a Performance Review will be scheduled with the Clinical Director and the Academic Director or the Executive Director.

Clinical Lab Enrollment Policies

Students may be eligible to enroll in Clinical Lab starting in Year One, Term Two and continue to enroll each semester throughout the program, pending fulfillment of all requirements described below. Students must maintain a cumulative GPA of 2.5 or higher in order to be eligible to attend Clinical Lab. Students have the option to complete Clinical Lab one semester early to allow time in Y3T3 to study for the NARM written exam.

Students are required to submit a current physical health form. The physical exam must occur within one year of starting FSTM to be considered current.

As part of the clinical lab enrollment process, the student must obtain certain immunizations/titers. Immunizations/Titers should have occurred within one year of starting FSTM to be considered current; a copy of official lab results is considered acceptable proof. Students shall submit proof of current immunizations or titers for the following tests:

- Hepatitis B
- Varicella
- MMR (Measles, Mumps, Rubella)
- TB Test

In addition, we require:

- FSTM Student ID Badge by Year 1, Term 1
- A clinical resume written and approved in Year 1, Term 1.
- Current certifications of CPR and Neonatal Resuscitation Program (NRP) no later than Year 1, Term 1. Current CPR and NRP certification must be maintained for

- all subsequent semesters for which a student is enrolled.
- Interviews with potential preceptors, as arranged by the Clinical Director.

Clinical Experience Policy

Students may start their clinical preceptorship in Year 1, Term 2 of the program. Students must pass all classes in Year 1 Term 1, maintain a cumulative GPA of 2.5 or higher and demonstrate professionalism and appropriate communication skills in order to be eligible to attend Clinical Lab. All clinical requirements are in compliance with Chapter 467, Florida Statute, the North American Registry of Midwives (NARM), and the Midwifery Education Accreditation Council (MEAC).

NARM Regulations require:

- A minimum of 5 births must be conducted in the home.
- A minimum of 2 births must be planned Hospital Births. This cannot be during an intrapartum transport, but can be an antepartum transport.
- In all categories, the Assistant under Supervision requirements must be completed before the student midwife can begin Primary under Supervision.

The FSTM Clinical program encompasses 23 Midwifery Clinical Lab credits and 1,380 clock hours.

Law and Rule at Preceptor Sites

Students shall review and abide by Florida Statute 467 Law and FAC 64B24, also called midwifery rules.

Students shall abide by the Clinical site's personnel policies, protocols, and contracts as deemed by the Preceptor(s). General guidelines are as follows:

- If the student is asked to perform clinical duties outside of the scope of practice, per Florida Statute 467 Law and Rule, the student should decline only after a discussion with the Preceptor and notify the Clinical Director within 24 hours.
- The unlicensed practice of midwifery in the state of Florida is a felony (FS. 467.201): The student must, at all times, function within the student/preceptor relationship and the provisions of Chapter 467, Florida Law and Rules.
- While enrolled at FSTM, the student agrees not to be present at a birth or clinical experience or to perform midwifery services without the presence of a supervising FSTM-approved Preceptor.
- Health Insurance Portability and Accountability ACT (HIPAA): The student acknowledges the importance of HIPAA confidentiality and agrees not to use real names when discussing client cases in class, with classmates, and in written form. This means: Clients, midwives, physicians, and events that take place at the Preceptor/Clinical Sites. (see detailed section following)

HIPAA Guidelines

The Health Insurance Portability and Accountability Act (HIPAA) Privacy and Security Rules are intended to enforce standards of ethics and confidentiality.

- When presenting case studies in the classroom setting students should not use the names of the client and medical practitioner.

- When submitting clinical experience documentation to FSTM, student midwives should make sure to use client codes instead of real names (this includes the first name of the client).
- Student midwives are encouraged to keep a private log (for personal use only) of all client names with client codes to use as a reference when submitting clinical paperwork. It is the responsibility of the student to ensure that these logs are kept secure and in compliance with HIPAA guidelines.
- When student midwives are submitting documentation to NARM to apply to sit for the NARM exam they should redact all client names on copies of forms used to verify clinical experiences.
- Student midwives should never photo-copy client records from paper or electronic charts without direct permission from the healthcare practitioner and the client.

Violations of HIPAA will result in the following:

1. A Performance Review will be held with the Clinical Director and another director of FSTM.
2. The student may be placed on Clinical Probation for one complete semester, including a leave of absence from their clinical site.
3. The student may be dismissed from the midwifery program immediately if the preceptor or client issues a formal complaint.

NARM Skills Verification Policy

We have adapted the book *Practical Skills Guide for Midwives* (PSGM) by Pam Weaver and Sharon Evans for use in documenting skills verification. All students must purchase the current edition upon entering the midwifery program.

Students are responsible for obtaining signatures from two different preceptors for each skill listed in the book, as further described below. Students will receive signatures in Healthcare Skills I and II during the first year, as well as Practicum classes throughout the program.

Official preceptors with FSTM, instructors, and the Clinical Director can verify skills and sign in the PSGM book. Students will need to turn in the signed pages in the back of the book to FSTM before graduation:

- 1ST SIGNATURE: When the student has been instructed about the skill in the classroom setting or in their preceptor site.
- 2ND SIGNATURE: When the student has practiced the skill and demonstrates proficiency.

Students must have two signatures from different preceptors or instructors who are licensed as an LM, CPM or CNM for the following skills:

1. Basic maternal physical exam
2. Routine prenatal exam
3. Newborn exam

4. 4-6 week postpartum check-up

Clinical Skills Practice and Exam Overviews

GYN/Pelvic and Breast Exams: Students will receive instruction on how to perform a pelvic and breast exam in 1203L Healthcare Skills II Lab. Students will observe and practice hands-on skills on a live model.

GYN/Pelvic Skills Exam: Students will perform a complete pelvic exam on a live model in 2102 Midwifery Practicum IIA and verbalize all steps involved, as if talking to a real midwifery client. Students will also have the opportunity to practice the steps of pelvimetry on the live model.

Practicum Class: Students will be given the opportunity to practice skills during Midwifery Practicum classes, which happen each semester beginning in Y1T2.

Clinical Skills Exam (CSE): In Y3T2 of the midwifery program, students will complete an 8-hour skills exam to determine proficiency in advanced skills prior to graduation as a part of the 3202 Clinical Skills Practicum course. This exam is a requirement of NARM and must be completed before graduation. Refer to the CSE Study Guide for a complete description of the exam and information on preparing to take the test. Students **MUST** pass this exam in order to graduate from FSTM.

Preceptor & Clinic Placement Policy

Preceptor Placement Guidelines: The Clinical Director will schedule an interview between the student and potential preceptors, prior to clinical placement. Clinical placement will be assigned per semester.

Students are not permitted to change Clinical sites without the Clinical Director's approval. If a student changes sites without permission all clinical experiences at the unapproved site will be denied and a performance review scheduled.

Professional Liability Policy

FSTM students are covered by professional medical liability insurance via the school. The student agrees to inform the FSTM Clinical Director of any incident or situation that they believe may result in a liability claim within 24 hours of occurrence.

Other Clinical Policies

Clinical Check-Ins: Students will meet with the Clinical Director at least once each semester to discuss progress at their assigned clinical site.

Clinical Experience Forms: Students will be required to submit clinical forms monthly to the clinical director (due one month from the date of the experience). Forms will not be accepted later than three months from the date of the experience.

Clinical Hours Log: Each Clinical Lab credit is equivalent to 60 hours clock hours. Students will document clinical hours on the Clinical Hours Log and will submit a final version at the end of each semester. The total number of hours submitted must be

equivalent to or exceed the number of clock hours associated with the number of Clinical Lab credits for which the student has registered. As an example, if the student has registered for two credits of Clinical Lab, they must show documentation of at least 120 Clinical Lab clock hours.

Driving Time: Students may not include driving time to or from clinic and births on the Clinical Hours Log.

Clinical Lab Extra Credits: If the student expects to exceed the amount of clinical hours they registered for by 60 hours or more, with approval from the Clinical Director, additional Clinical Lab credits may be added during registration or drop/add.

In Progress (IP) Grade: A grade of IP may be issued if a student has not completed the hours needed for the number of Clinical Lab credits registered for in a given semester. A grade of IP will only be issued with approval from the Clinical Director. The student must complete the Clinical Lab credits by the end of the following semester, or a failing grade will be issued for that Clinical Lab course.

Extra Costs: The following additional costs are the responsibility of the student:

- Travel to and from the clinical site, room, and board at clinical sites
- Additional trainings as required: NRP, CPR.

Transportation: Students must have reliable transportation while on call.

Communication: Students must be available at all times by telephone while on call.

CPR and NRP: As mentioned, students are responsible for maintaining current certifications in both CPR and NRP during the entirety of their clinical preceptorship. The student is responsible for the fees and scheduling of these trainings and must maintain a proof of certification in both CPR and NRP on file at FSTM. If CPR and NRP certifications lapse while enrolled in Clinical Lab, students must discontinue attending all clinical experiences until they renew certifications. This could result in a student failing a semester of Clinical Lab, if it is not resolved.

Clinical Experience Requirements

This table should act as a general guideline for students and preceptors in gauging student involvement at a preceptor site. Please note: the approximate number of hours for each term are based on the standard number of credits assigned for Clinical Lab during that term.

| CLINICAL REQUIREMENTS | | |
|---|----|------|
| Students usually start clinical participation in Year 1 Term 2 of the program. | | |
| All clinical requirements are in compliance with requirements defined by Chapter 467, Florida Statute, North American Registry of Midwives, and the Midwifery Education Accreditation Council. | | |
| Per NARM Regulation: | | |
| ❖ A minimum of 5 births must be conducted in the home. | | |
| ❖ A minimum of 2 births must be planned Hospital Births. Cannot be during an Intrapartum Transport but can be an Antepartum Transport. | | |
| ❖ In all categories Assistant under Supervision must be completed before the Student Midwife can begin Primary under Supervision. | | |
| Total Midwifery Clinical Lab Clock Hours | | 1380 |
| Total Midwifery Clinical Lab Credits | | 23 |
| The following is a list of clinical experiences that need to be completed before graduation: | | |
| PN: Prenatal Exams | | 80 |
| Assistant under Supervision | 25 | |
| Primary under Supervision | 55 | |
| IPE: Initial Prenatal Exams | | 23 |
| Assistant under Supervision | 3 | |
| Primary under Supervision | 20 | |
| BO: Birth Observation | | 30 |
| Silent Observer | 10 | |
| Assistant under Supervision | 20 | |
| BM: Birth Management | | 50 |
| Primary under Supervision | | |
| PP: Postpartum Exams | | 50 |
| Assistant under Supervision | 10 | |
| Primary under Supervision | 40 | |
| NB: Newborn Exams | | 50 |
| Assistant under Supervision | 20 | |
| Primary under Supervision | 30 | |
| CC: Continuity of Care Cases | | 15 |
| Full CC: A minimum of 5 of the 50 births as Primary under Supervision, the student midwife has provided care to 5 women, including 5 prenatal visits spanning 2 trimesters, 1 newborn exam and 2 postpartum exams within 12 hours and 6 weeks of the birth. | 05 | |
| Partial CC: A minimum of 10 of the 50 births as Primary under Supervision must include 1 prenatal visit provided by the student midwife. | 10 | |

FINANCIAL POLICIES AND FEES

Financial Policy

Upon registration, students assume full responsibility for payment of their tuition and other fees associated with their education at the Florida School of Traditional Midwifery Inc., in accordance with the payment policies of the school. Each semester's tuition, in its entirety, must be paid prior to the start of the semester. Formal payment plans are available by request. Payment plans begin with at least 50% of the tuition paid prior to the start of the semester, accompanied by a formal payment plan arranged with the Finance Department for the remaining balance during the course of the semester. All tuition and other fees must be paid by the end of each semester in order for the student to register for any subsequent semester. Cancellation after the third (3rd) Business Day, but before the first day of class, results in a refund of all monies paid, with the exception of \$75.

If the student is receiving Federal Financial Aid (also known as Title IV) and /or any other financial aid, FSTM will credit the student's account within three (3) business days of receipt, and disburse the remainder after tuition and fees to the student at the end of the drop-add period.

If a student has an unpaid balance at the end of a term and is unable to make payment in full, she or he will not be eligible to register for any subsequent term. A student under these circumstances may submit a written request to the Finance Department to establish a payment plan to pay off any outstanding balance. The payment plan must be approved and signed by the Executive Director in order for the student to be eligible to register for a subsequent term.

Tuition, Fees, and Textbooks

| Cost | Amount: | Due: | Notes: |
|--------------------------------|-------------------|---------------------------|---|
| Tuition Cost | \$364/credit hour | Each Term | |
| Application Fee | \$75 | With Application | Non-Refundable |
| Enrollment Fee | \$200 | Upon enrollment | Non-Refundable |
| Technology Fee | \$75 | Y1T1 | One-time fee |
| Liability Insurance Fee | \$225 | Annually | Fee may change if the premium cost changes |
| Lab & Material Fees | \$584 | Due with specific courses | Included with applicable semester registrations |

Equipment and Texts

Students are responsible for the purchase of supplies and books. Textbook lists and any required supplies lists will be given at least two weeks prior to the start of a new semester. Textbooks are estimated to cost approximately \$2768. Individual costs vary depending on textbook source chosen.

All financial obligations must be met prior to graduation.

Financial Aid Opportunities

We have a number of financial aid opportunities available for FSTM students. Funding sources include guidelines and restrictions so please be sure to meet with our Financial Aid Coordinator for more information on your personal financial aid options.

Below is a list of funding options that we currently accept:

- Pell Grants
- Stafford Loans (both subsidized or unsubsidized)
- Parent Plus Loans
- Bright Futures scholarships
- Florida Prepaid Plan (529 College Savings Plan)
- Career Source Florida Program (Workforce Investment Act)
- VA Funding
- Vocational Rehabilitation
- Other Private Grants & Scholarships
- Private student loans through SallieMae.com.

Federal Financial Aid

Students who are US citizens or permanent residents may be eligible for Pell Grants, Stafford Loans, or Plus Loans. Stafford Loans are available to those who qualify and may be either subsidized or unsubsidized. Students can apply online at www.fafsa.ed.gov. To learn more about financial aid eligibility, contact the FSTM Financial Aid Coordinator.

Enrollment Status for Federal Title IV Financial Aid

Because FSTM offers a program in credit hours and terms but does not award a degree, the program is subject to clock to credit conversion when calculating enrollment status for Federal Student Aid (FSA). To determine whether a student is enrolled full-time, three-fourths time or half-time, the institution must divide the number of clock hours in each term by 37.5. The resulting number is the FSA, or “converted,” credits for that term. Full time enrollment is 12 converted credits, three-fourths time is at least 9, and half-time is at least 6 converted credits.

Grade Level Progression Policy for Title IV

In order for students to progress from first to second year FSA award amounts they must complete 30 converted credits (see above). Students will be eligible for second year award amounts once they have completed 30 converted credits. No students will reach 60 converted credits under the current FSTM curriculum. Currently, First-Year loans are \$4,700.00 per semester for independent students.

Any eligible student taking the complete Direct-Entry curriculum can qualify for first-year award amounts from Year 1, Term 1 through Year 2, Term 2. Second-year award

amounts may be available in Year 2, Term 3 through the end of the program. Currently, Second-Year loans are \$5,200.00 per semester for independent students.

Satisfactory Academic Progress

Standards for Satisfactory Academic Progress (SAP) are published yearly in our course catalog, which is available in print and electronic formats. The same standards will be used for all students regardless of program enrolled and whether or not the student is receiving Title IV funding.

The continuation of students who lack the ability, dedication or maturity to learn is inconsistent with the goals of the Florida School of Traditional Midwifery. Students must maintain a passing cumulative grade point average (GPA 2.5) and successfully complete 67% of cumulative credits per semester, to be assessed every semester.

A student whose GPA drops below 2.5 or who fails to complete at least 2/3 (67%) of cumulative credits will be placed on Academic Probation for failing to meet Satisfactory Academic Progress Standards and will be required to attend a Performance Review.

The course instructor, in accordance with the criteria listed in the course syllabus, will evaluate students at the end of each semester. Grades will be managed in Sycamore Campus.

The grade for clinical coursework (Clinical Lab) is determined by the Clinical Director based on fulfillment of all requirements outlined in the Clinical Lab syllabus, including but not limited to, midterm check-ins, submission of clinical experience forms, clinical hours log: showing fulfillment of clinical hours.

The Academic Director will evaluate academic progress at the end of every semester once grades have been submitted. A determination will be made regarding Satisfactory Academic Progress (SAP). Any student who is not meeting SAP standards will continue to be eligible for Title IV aid for one semester, with a financial aid status of "Academic Probation." If at any time a student fails to meet SAP, she or he will be notified in writing and again during a Performance Review.

Financial Aid Probation

If for any reason a student fails to meet SAP in that subsequent semester and is not dismissed from the program, eligibility for financial aid will be revoked. The student may appeal or petition for continued eligibility. In the case of a successful appeal, financial aid status will be changed to "Financial Aid Probation".

A student who wishes to appeal a determination of unsatisfactory progress may initiate petition procedures, per our Appeal Policy.

Veteran's Credit for Previous Education or Training

Students must report all education and training. The school must evaluate and grant credit, if appropriate, with the training time shortened, the tuition reduced proportionately, and the VA and student notified. Students with credit for prior training attend fewer hours (courses) per semester, but do not necessarily graduate earlier than their cohort. Their tuition is reduced by the number of credits approved.

Veterans Attendance Policy

- Veterans must attend the first day of class in order to be eligible for benefits.
- Excused absences will be granted for extenuating circumstances only. Excused absences will be substantiated by entries in students' files.
- Students exceeding 20% total absences in a calendar month will be terminated from their VA benefits for unsatisfactory attendance.
- After having benefits terminated due to unsatisfactory attendance, students must demonstrate that the cause of the unsatisfactory attendance has been removed and must have good attendance for one calendar month in order to be considered for recertification of their VA education benefits.
- The student's attendance record will be retained in the veteran's file for audit purposes.

Veteran's Standards of Academic Progress

If the cumulative GPA falls below 2.0 at the end of any term the student will be placed on academic probation. The GPA must be brought up to 2.0 or better by the following term or the veteran student will be terminated from veteran benefits.

Recertification for Veterans Administration Benefits

Upon obtaining a 2.0 cumulative grade point average, the veteran student can be recertified for veteran benefits.

Program Withdrawal and Refund Policy

Should the student withdraw or be dismissed for any reason, all refunds will be made according to the following refund schedule:

- Program withdrawal must be made as an official written request, which includes email requests.
- The complete enrollment fee will be refunded if the student withdraws from the program within three (3) business days after signing the Enrollment Agreement and making the initial payment. After three (3) business days, only \$125.00 of the enrollment fee will be refunded.
- Program withdrawal after the third (3rd) business day and before the first day of class will result in a refund of all tuition and fees paid, with the exception of \$75.00 of the enrollment fee.
- Program withdrawal after classes have begun, but prior to 60% completion of the semester, will result in a prorated refund computed on the number of days attended as a percentage of total program days for the semester.
- No refund will be given after 60% of the semester has passed.
- Program withdrawal date: The program withdrawal date for refund computation purposes is the date written notice of withdrawal is received in the Academic office.
- Refunds will be made within 30 days of receipt of the Program Withdrawal Notice.
- No refunds will be made for books, lab fees and/or supply assessments.

REGULATORY POLICIES

Graduation Requirements

- Complete all courses listed in the program curriculum with a grade of “C” or better.
- Complete all clinical requirements listed in the program requirements, and submit appropriate and completed documentation to the FSTM Clinical Department.
- Submit completed skills checklist with signatures to FSTM Clinical Department.
- All financial obligations must be met
- Financial Aid students complete Exit Counseling.

Maximum Timeframe for Completion

The maximum timeframe for completion of the academic portion of the Direct-Entry Midwifery program is 6 years. If a student cannot meet academic and clinical requirements for graduation within the maximum time parameters, the student will be considered as not making satisfactory progress and may be terminated from the program. Time the student is enrolled but not receiving Title IV funding is counted toward the maximum timeframe to complete the program, as are semesters during which the student fails a course, withdraws from a course, or receives an incomplete in a course. The amount of time that a student is on a leave of absence is not necessarily counted toward the maximum timeframe. Students must complete 67% of attempted credits in order to graduate within the maximum timeframe

NARM Certification Requirements

For the Direct-Entry Midwifery Program and Licensure by Endorsement Program:

1. Graduates of a MEAC accredited program must fulfill NARM's general education requirements, available on their website at www.narm.org.
2. MEAC school graduates are expected to apply for NARM certification within three years of graduation. If application for certification is made after this time, NARM will require additional documentation.
3. Clinical requirements must be completed (Clinical Lab credits: 23, total Clinical Lab clock hours: 1380). Please refer to the Clinical Policy and Procedure section of the catalog.
4. Provide a copy of your notarized graduation diploma or a copy of final transcripts with the school insignia.
5. A statement verifying that the student has successfully performed all of the skills on the NARM Verification Form.
6. Required documentation to take the NARM exam includes:
 - A copy of the CPR and NRP card
 - Practice Guidelines
 - An Informed Consent document
 - Forms and handouts relating to midwifery practice
 - An Emergency Care Plan document
 - Cultural Competency course, module, or standards completed

Students with Disabilities Policy

Academic accommodation will be made for students with documented physical, emotional, or learning disabilities. Students with disabilities must provide written documentation of their learning or other disability from a licensed psychologist or other approved health care provider and a written request for academic accommodations. Requests and documentation should be submitted to the Academic Director as early as possible. Academic accommodations will be determined on an individual basis. Academic accommodations may include, but are not limited to, copies of overheads used during class, permission to take record lectures, extended time during exams, and a quiet and separate environment during exams and/or permissions to use assisting technology during exams.

Student Records**Family Educational Rights and Privacy Act (FERPA)**

Students have the right to review their educational records and to ask for corrections if any are found. Records and any administrative responses must be made available in a timely fashion. Your information will be kept private, unless you authorize us to release it. Directory information and emergencies are some exceptions to this rule. Directory information generally includes your name, class, local and permanent addresses, telephone number(s), email address, enrollment status, most recent previous educational institution attended, dates of attendance at FSTM, diploma earned, honors and awards received, participation in officially recognized activities. Your detailed Notice of your Rights under FERPA is posted on the FSTM website, and contains much more detail regarding your records and privacy rights.

Record Retention and Inspection

All student records are permanently on file at the FSTM Administrative Office. Any student wishing to see her or his records may do so by appointment during office hours. Students and graduates must fill out a Transcript Release Form, and a fee of \$12.00 will be assessed per transcript. Graduates can receive three transcripts at no cost upon graduation.

COURSE DESCRIPTIONS

Below are course descriptions for all FSTM coursework. Pre-requisites are noted for each course as well as number of credits and clock hours.

ANTEPARTUM 1303 3 CREDITS

PREREQUISITES: FLORIDA LAW AND RULE 1107; ANATOMY AND PHYSIOLOGY II 1201/1201L; HEALTHCARE SKILLS II 1203/1203L; REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1301/1301L (CONCURRENT ENROLLMENT).

This course will provide the student midwife with didactic material necessary to provide care from the initial contact with a client through the onset of labor. The normal pregnancy will be emphasized. Students will explore a wide range of topics including the probable, presumptive and positive signs of pregnancy, deviations from the normal pregnancy, physiologic basis of and solutions for the common discomforts of pregnancy. The student will develop educational materials for use with clients. The class will integrate the medical/midwifery models while providing the foundation for the student to begin her or his evolution toward providing primary care at clinical sites. 45 CLOCK HOURS

ANATOMY AND PHYSIOLOGY I 1101/1101L 4 CREDITS

This two- course series presents an in-depth review of the body's organization and structure. It also introduces the student to basic physiologic concepts as they relate to normal body function and maintenance of health. The laboratory experience demonstrates human and microscopic anatomic and physiologic processes through drawings and various models. With LAB 75 CLOCK HOURS

ANATOMY AND PHYSIOLOGY II 1201/1201L 3 CREDITS

PREREQUISITES: ANATOMY AND PHYSIOLOGY I 1101/1101L

This two- course series presents an in-depth review of the body's organization and structure. It also introduces the student to basic physiologic concepts as they relate to normal body function and maintenance of health. The laboratory experience demonstrates human and microscopic anatomic and physiologic processes through drawings and various models. With LAB 45 CLOCK HOURS

BASIC COMMUNICATION SKILLS 1106 1 CREDIT

This is the first communication course in a series that continues throughout the first two years of our program. The first course encourages personal growth of the student and lays the foundation for emotional awareness in communication. Topics addressed include basic communication skills, setting boundaries, and effective listening skills. Students practice dealing with difficult issues, sharpening their communication skills through role-playing scenarios, crisis management, and developing professionalism. The role of the midwife as a healer will also be explored. 15 CLOCK HOURS

BREASTFEEDING 1205 2 CREDITS

PREREQUISITES: REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1301/1301L; POSTPARTUM 2203 (CONCURRENT ENROLLMENT); NEWBORN 2206 (CONCURRENT ENROLLMENT)

This course will cover numerous aspects of breastfeeding, including anatomy and physiology, breastfeeding education for clients, proper use of pumping devices, and formulating care plans. The early recognition of simple problems and implementation of solutions will be emphasized. Students will also learn early support intervention techniques and identify referral services. 30 CLOCK HOURS

CLINICAL LAB 1200CL, 1300CL, 2100CL, 2200CL, 2300CL, 3100CL, 3200CL, 3300CL , 4100CL, 4200CL, 4300CL , 5100CL 1-4 CREDITS

Clinical Lab starts in Year 1 Term 2 and continues throughout the midwifery program. Students will be assigned to work directly with a qualified Preceptor. Preceptors are Florida Licensed Midwives, Certified Nurse Midwives, Registered Nurses or Obstetricians who work in home birth practices, birth centers and hospital settings. Clinical experiences will include attending prenatal and postpartum appointments, participation during labor and birth, and learning office procedures for Midwifery practices. Students will progress through a tiered process of observation, assistance and management in the Antepartum,

Intrapartum and Postpartum period. The student is responsible for completing 23 Clinical Lab credits throughout the midwifery program. Please see Clinical Policies and Procedures section for additional details. EACH CLINICAL CREDIT IS EQUAL TO 60 CLOCK HOURS (TOTAL 1380).

CLINICAL SKILLS PRACTICUM 3202 1 CREDIT

This course involves a comprehensive clinical skills exam made up of selected clinical skills and procedures, as outlined in the most recent edition of the Practical Skills Guide for Midwifery, by Weaver & Evans. The course is set up to include a series of skills practice days which end in a cumulative clinical skills exam. 15 CLOCK HOURS

COLLABORATIVE MANAGEMENT 3104 1 CREDIT

PREREQUISITES: FLORIDA LAW AND RULE 1107; DIAGNOSTIC TESTING 1305; ANTEPARTUM 1303; INTRAPARTUM 2103; POSTPARTUM 2203; NEWBORN 2206.

This course will review the indications for consultation, referral and collaborative care according to F.S. 467, the Midwifery Practice Act. Students will explore the role of a Licensed Midwife as a member of a healthcare team while learning skills for communicating as a medical professional. Applying risk assessment from 64 B24 Florida Administrative Code during prenatal, Intrapartum and postpartum care to determine a site and provider for each client will be emphasized. Interpreting data to identify current and potential health problems and needs, establishing a collaboration plan with a physician and ensuring clients' safety and dignity during transport will be discussed. 15 CLOCK HOURS

DIAGNOSTIC TESTING 1305 1 CREDIT

The essence of prenatal care is to monitor the well-being of the mother and the developing child. In this course students will become familiar with the most widely utilized lab and imaging tools, including all those required by Florida Law, that are used to assist the midwife in determining the health status of the mother and fetus in order to recognize when intervention is necessary. 15 CLOCK HOURS

ESTABLISHING AND MAINTAINING A PRACTICE 3201 2 CREDITS

PREREQUISITES: FLORIDA LAW AND RULE 1107; 3RD YEAR ENROLLMENT.

This course is an overview of the professional and legal issues related to establishing and maintaining a practice. We will discuss the benefits and problems of working with insurance, HMOs and Medicaid and the requirements of operating a business. The everyday workings and administration of a practice will be explored. Emphasis will be on the expanding role of midwifery within our health care system. 30 CLOCK HOURS

FEMALE SEXUALITY FOR MIDWIVES 1204 2 CREDITS

This course introduces the student to the female sexual system and its contribution to the health and well-being of non-pregnant women, women in each stage of pregnancy, labor, delivery and the postpartum period. Basic female sexual dysfunction is discussed, with training in interviewing and history-taking around sexual issues. Students will observe a pelvic exam. 30 CLOCK HOURS

FETAL MONITORING 2104 1 CREDIT

This course is designed to integrate the history, theory and principles of fetal surveillance with practical application of auscultation. Students will gain an understanding of relevant anatomy and physiology of maternal utero-placental-fetal circulation and uterine function and activity and its effects on fetal oxygenation. Students will also gain an understanding of the oxygen transfer chain and pathophysiology of disrupted oxygen transfer to the fetus. All components of the fetal heart rate will be discussed including: baseline, accelerations, decelerations, variability, and trends over time. 15 CLOCK HOURS

FLORIDA LAW AND RULE 1107 1 CREDIT

The focus of this course is Florida Statute 467, the Midwifery Practice Act, and 64B24 in the Administrative Code. The law and rule specific to the practice of direct-entry midwives in Florida, the history of the law, the legislative process and the rule making process will be covered, as well as the role of the Council of Licensed Midwifery, the Department of Health and the Midwives Association of Florida. 15 CLOCK HOURS

GYNECOLOGY AND WOMEN'S HEALTH 3101 2 CREDITS

PREREQUISITES: REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1301/1301L; ANTEPARTUM 1303.

This course is an introduction to the fundamentals of well woman care. Students will gain the knowledge and skills to provide care, support and information to women regarding their overall reproductive health, including understanding the normal life cycle of women; causes of, evaluation of and treatment for problems associated with the female reproductive system and breasts; information and provisions or referral for various methods of contraception; issues involved in decision-making regarding unwanted pregnancies, and resources for counseling and referral; issues involving infertility; and the interpretation of lab results. 30 CLOCK HOURS

HEALTHCARE SKILLS I 1103/1103L 2 CREDITS

This foundation course introduces the theory and performance of basic healthcare skills essential to a career in midwifery. Students will gain an understanding of medical terminology relevant to midwifery and learn to properly chart clients' records; learn to develop healthcare plans; explore principles of body mechanics, utilization of therapeutic communication techniques and aseptic and sterile techniques; be able to assess client hydration and elimination status and identify need for intervention with therapeutic measures; and study administration of relevant medications and prenatal care components. Students will be introduced to physical assessment. 45 CLOCK HOURS

HEALTHCARE SKILLS II 1203/1203L 3 CREDITS

PREREQUISITES: HEALTHCARE SKILLS I 1103. IV training, phlebotomy, pelvic/breast exam training.

This course is a continuation of Healthcare Skills I, with emphasis placed on development of advanced healthcare skills relevant to midwifery practice. Students will undertake an in-depth systems approach to physical assessment, interpretation of prenatal data, advanced laboratory technique including venipuncture, neonatal physical assessment and lab work. 60 CLOCK HOURS

HERB WORKSHOP 2205 1 CREDIT

This course is an introduction to the herbs and herbal preparations used by traditional midwives during the childbearing year. Students will learn the properties and parts, methods of preparation, indications and contraindications of most commonly used herbs in midwifery practice. Students will have the opportunity to prepare tinctures, oils and salves during this workshop style class. 15 CLOCK HOURS

HISTORY OF MIDWIFERY 1105 1 CREDIT

This course will provide a historical dimension to the current practice of midwifery in the United States. The multi-faceted roots of U.S. midwifery will be emphasized, including immigrant midwives, indigenous midwives, rural southern midwifery, the nurse midwife, and the birth renaissance midwife. 15 CLOCK HOURS

INTERPERSONAL COMMUNICATION SKILLS 1306 1 CREDIT

PREREQUISITES: BASIC COMMUNICATION SKILLS 1106

This is the second communication course in a series that continues throughout the first two years of our program. This course focuses on learning non-violent communication. Among other skills, students learn to manage anger, make requests, and identify judgments. Students practice dealing with difficult issues, sharpening their communication skills through role-playing scenarios, crisis management, and developing professionalism. 15 CLOCK HOURS

INTRAPARTUM 2103 3 CREDITS

PREREQUISITES: REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1301/1301L; ANTEPARTUM 1303.

Midwifery students will learn the steps of the normal labor process including mechanisms of labor and birth. Students will review the anatomy and physiology of the reproductive organs, structures and fetal anatomy, and will learn to assess the well-being of mother and child and screen for complications in each stage of labor. Upon completion of the course students will demonstrate knowledge and management of the normal labor and delivery, recognition of complications and use of appropriate interventions, including knowledge of when to transfer. 45 CLOCK HOURS

ISSUES IN PROFESSIONAL MIDWIFERY 3204 1 CREDIT

PREREQUISITES: FLORIDA LAW AND RULE 1107, 3RD YEAR ENROLLMENT.

This course introduces the senior midwifery student to the current issues that impact the midwifery profession. The role of the midwife as a change agent in her community and in the professional organizations will be emphasized. Current trends in midwifery education, midwifery legislation, public education, third-party reimbursement, ethics, and consumer advocacy will be discussed. The role of Florida Licensed Midwives in national and international issues will also be explored. 15 CLOCK HOURS

MICROBIOLOGY FOR MIDWIVES 2201/2201L 3 CREDITS

PREREQUISITES: ANATOMY AND PHYSIOLOGY I 1101/1101L; ANATOMY AND PHYSIOLOGY II 1201/1201L.

This course will provide the student with a broad overview of the principles of microbiology and basic immunology necessary for midwifery practice. Students will be encouraged to think critically and will become familiar with interpreting commonly ordered lab reports. Emphasis will be placed on practical application of these scientific principles, including biological mechanisms of prenatal testing and childhood immunizations. With LAB 60 CLOCK HOURS

MIDWIFERY PRACTICUMS 1 CREDIT (EACH)

In these courses students will meet with their instructor to discuss their experiences at clinical sites, and review and practice clinical skills taught in the previous semester. The concept of confidentiality will be emphasized. A review of material presented in other courses pertaining to clinical skills will be done using skills drills, research projects, student presentations and case reviews. Each term, the focus is placed on the previous term's materials. 15 CLOCK HOURS

- 1202 Midwifery Practicum IA - Birth Assistant Skills Practice: Training on how to be a competent birth assistant, which includes a review of basic clinical skills.
- 1302 Midwifery Practicum IB - Healthcare Skills Practice: Complete review of all healthcare skills, with a focus on prenatal clinical skills.
- 2102 Midwifery Practicum IIA - Antepartum Skills Practice: Complete review and practice of all antepartum skills.
- 2202 Midwifery Practicum IIB - Intrapartum Skills Practice: Complete review and practice of all intrapartum skills.
- 2302 Midwifery Practicum IIC - Diagnostic Testing & Newborn Skills Practice: Review of diagnostic tests and newborn exams and protocols.

NARM REVIEW 3103 1 CREDIT

A complete review for the NARM exam, which is the official LM/CPM licensing exam, recognized by national standards and Florida state standards. This course covers student learning and testing styles, as well as a comprehensive study guide and mock exam questions. 15 CLOCK HOURS

NEWBORN 2206 2 CREDITS

PREREQUISITES: INTRAPARTUM 2103; POSTPARTUM 2203 (CONCURRENT ENROLLMENT).

In this course the student midwife will learn normal newborn examinations and behavioral assessments, as well as infant anatomy and physiology and common complications affecting the newborn. Also discussed are the signs and symptoms of impending problems, physical exams, routine medications, when to transfer to the NICU and the 24-48 hour home visit. Upon completion the student will be able to perform the complete newborn exam. This module emphasizes the appreciation and beauty of the "amazing newborn" and explores the messages the newborn sends regarding its own health and well-being, particularly during the first four hours of life. 30 CLOCK HOURS

NUTRITION FOR THE CHILDBEARING YEAR 2101 2 CREDITS

PREREQUISITES: ANTEPARTUM 1303.

This course will provide the student with a foundation in nutrition and will focus on assessment and counseling skills. Nutritional requirements during pre-pregnancy, pregnancy, lactation, postpartum and infancy will be covered, including topics such as factors that affect weight gain during pregnancy, care plans for pregnant women with eating disorders, nutritional and fluid demands of women with prolonged labor and many other nutritional topics. The physiological and immunological components of breast milk will also be

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reviewed. 30 CLOCK HOURS

PHARMACOLOGY 2303 2 CREDITS

PREREQUISITES: ANATOMY AND PHYSIOLOGY II 1201/1201L; ANTEPARTUM 1303; DIAGNOSTIC TESTING 1305.

This course presents basic principles of pharmacology and drug therapy for pregnancy, birth and postpartum. Students will explore, among other topics, pharmacodynamics and pharmacokinetics. The goal of this course is to provide a foundation for the Licensed Midwife to function safely in the administration of medicine. 30 CLOCK HOURS

POSTPARTUM 2203 1 CREDIT

PREREQUISITES: INTRAPARTUM 2103; NEWBORN 2206 (CONCURRENT ENROLLMENT).

In this course the midwifery student will gain an understanding of the normal events that occur immediately postpartum. Also included are the emotional, psychosocial and sexual variations that may occur during this period. The causes of common postpartum discomforts and how to alleviate them will be discussed. Postpartum nutritional requirements, evaluations and counseling of the client will be covered, and students will learn how to monitor the needs of the mother and child in the “fourth trimester,” including conducting the 24 hour, 2 week and 6 week postpartum visits. Upon completion of this class, students will be able to recognize deviations from normal in the postpartum period and respond with appropriate intervention. 15 CLOCK HOURS

PROFESSIONAL COMMUNICATION SKILLS 2106 1 CREDIT

PREREQUISITES: INTERPERSONAL COMMUNICATION SKILLS 1306

In the last course of the series, students learn to apply communication skills to their personal and professional relationships in order to become more effective midwives. The role of the midwife as a healer will also be explored. 15 CLOCK HOURS

PSYCHOLOGY FOR MIDWIVES 2105 2 CREDITS

This course, developed especially for midwives, is the psychological study of the changes that occur in people and their behavior during the lifespan. Special emphasis will be given to women’s development from puberty to menopause, with highlights on the normal psychology of women during pregnancy, childbirth and postpartum. Other specific topics include body image and eating disorders, sexual abuse, domestic violence, fatherhood and psychological responses to unexpected birth outcomes such as miscarriage, stillbirth, fetal death and cesarean birth. 30 CLOCK HOURS

PUBLIC HEALTH 2301 2 CREDITS

PREREQUISITES: MICROBIOLOGY 2201/2201L; ANTEPARTUM 1303.

This course will review the structure of the Public Health System at the federal, state and local level and how it relates to the community, the prevention of disease, illnesses and mortality rate. A section of this course will cover HIV/AIDS training, which is required by the State of Florida for LM licensure. Students will not only learn disease identification, they will also explore the reasons for required prenatal and postnatal testing and the procedures involved in counseling and prevention techniques, including statistics, policy making and legislation. 30 CLOCK HOURS

RESEARCH EVALUATION 1104 1 CREDIT

This course is designed to give the student a basic introduction to the types, quality, and formats of scholarly research. Students will evaluate articles presented in peer-reviewed journals, will discuss primary, secondary, and tertiary sources, will discuss how research presented might apply to midwifery practice, and will be introduced briefly to the principles of statistics as they pertain to medical research. The course will also cover JAMA citation style as it is used in documenting sources in literature reviews, papers, and other academic documents. This course is geared toward preparing the student for the research portion of subsequent courses and guiding evidence based practice. 15 CLOCK HOURS

REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1301/1301L 4 CREDITS

PREREQUISITES: ANATOMY AND PHYSIOLOGY II 1201/1201L.

This is a basic science course developed for midwifery students. It is one of the foundations for courses in clinical management. It will build on knowledge gained in the Anatomy and Physiology course to provide an in-depth understanding of pregnancy, birth and lactation from a biophysical perspective. With LAB 75
CLOCK HOURS

STUDENT SUCCESS 1102 1 CREDIT

The purpose of this course is to equip the student with basic skills and knowledge to be successful in the school environment. Emphasis will be placed on midwifery school experience as preparation for midwifery practice and the expectation that students will devote a similar level of care, responsibility, and sacrifice to school as to midwifery practice. Topics such as study skills, time management, burnout prevention, stress management, basic computer skills, learning styles, and school etiquette will be covered. 15 CLOCK HOURS

SUTURING FOR MIDWIVES 2204 1 CREDIT

PREREQUISITES: REPRODUCTIVE ANATOMY AND PHYSIOLOGY 1301/1301L; INTRAPARTUM 2103.

This course is designed to integrate theory and principles of suturing and wound healing with practical experience and knot tying techniques on laboratory models. Students will gain an understanding of relevant anatomy and physiology, causation and prevention of lacerations, severity of wounds, pre-suturing assessments, relaxation techniques to be used during the suturing process, postpartum assessment of the sutured area and teaching techniques to aid the client in facilitating the healing process. Principles of asepsis and anesthesia will also be covered. Learning objectives will be met through a combination of lecture material, reading assignments, hands-on practice, and visual aids. 15 CLOCK HOURS

TRADITIONAL HEALING MODALITIES I 1304 1 CREDIT

This course is the first in a series of three that span throughout the entire program. Introductions to holistic care options such as homeopathy, chiropractic therapy, massage, Watsu, acupuncture, and traditional Chinese medicine, as they are applicable to midwifery care, will be covered. This course will also include a waterbirth workshop, which includes a review of Waterbirth techniques, benefits, and contraindications, along with waterbirth scenarios and emergency drills. 15 CLOCK HOURS

TRADITIONAL HEALING MODALITIES II 2304 1 CREDIT

PREREQUISITES: ANTEPARTUM 1303; INTRAPARTUM 2103; POSTPARTUM 2203; NEWBORN 2206.

This course is the second in a series of three that span throughout the entire program. Introductions to holistic care options such as homeopathy, chiropractic therapy, massage, Watsu, acupuncture, and traditional Chinese medicine, as they are applicable to midwifery care, will be covered. 15 CLOCK HOURS

TRADITIONAL HEALING MODALITIES III 3203 1 CREDIT

PREREQUISITES: ANTEPARTUM 1303; INTRAPARTUM 2103; POSTPARTUM 2203; NEWBORN 2206.

This course is the third in a series of three that span throughout the entire program. Introductions to holistic care options such as homeopathy, chiropractic therapy, massage, Watsu, acupuncture, and traditional Chinese medicine, as they are applicable to midwifery care, will be covered. 15 CLOCK HOURS

WRITING PROTOCOLS 3102 1 CREDIT

This course is designated for students to research, write and receive feedback on all Protocols for their midwifery practice. Final protocol documents are required to be evidence-based, in proper APA format and in accordance with F.S.467/Rule64B24, with detailed midwifery application. 15 CLOCK HOURS

MIDWIVES MODEL OF CARE IS WOMAN-CENTERED

The Midwives Model of Care™ is a fundamentally different approach to pregnancy and childbirth than contemporary obstetrics. Midwifery care is uniquely nurturing, hands-on care before, during, and after birth. Midwives are health care professionals specializing in pregnancy and childbirth who develop a trusting relationship with their clients, which results in confident, supported labor and birth. While there are different types of midwives practicing in various settings, all midwives are trained to provide comprehensive prenatal care and education, guide labor and birth, address complications, and care for newborns. The Midwives Model of Care™ is based on the fact that pregnancy and birth are normal life events. The application of this model has been proven to reduce the incidence of birth injury, trauma, and cesarean section.

The Midwives Model of Care includes:

- Monitoring the physical, psychological, and social well-being of the mother throughout the childbearing cycle
- Providing the mother with individualized education, counseling, prenatal care, continuous hands-on assistance during labor and delivery, and postpartum support
- Minimizing technological interventions
- Identifying and referring women who require obstetrical attention

This model of care meets standards set by the World Health Organization (WHO), which defines skilled maternal and neonatal care as: close to where and how [mothers and newborns] live, close to their birthing culture, but at the same time safe, with a skilled professional able to act immediately when complications occur (WHO, 2005, p. xxi). The WHO states that this care can best be provided by a registered midwife, or a professional health worker with equivalent skills, in midwife-led facilities. The WHO goes on to explain that professional midwives can avert, contain, or solve many of the largely unpredictable life-threatening problems that may arise during childbirth, while working collaboratively with the higher level of care offered by physicians and hospitals when mothers present problems that go beyond a midwife's competency or equipment (WHO, 2005, p. xxi).

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